## **Key Rights and Values**



**Learning Disability Wales** has adopted a new, simple statement of 'Key Rights and Values' for children, young people and adults with a learning disability.

It has been shaped by the views of our members. The statement replaces the 'Charter of Individual Rights for children and adults with a learning disability' that Learning Disability Wales has promoted for some 15 years.

All our members will be expected to support the new statement and to work to it.

We believe that as a child, a young person and as an adult with a learning disability, you have a right to:

#### **Be Valued and Respected**

- Be seen as an individual first
- Live free from discrimination, prejudice, harassment, bullying and abuse.

#### Services and Support to live a meaningful life

- Have real choice in services as an individual and as a family
- Be able to access inclusive mainstream services from cradle to old age
- Be included in how services are planned, delivered and monitored
- Use services which work together and in partnership





### **Education and Training**

- Have full access to pre-school help and support
- Be able to choose whether to attend mainstream or special school
- Have access to meaningful education and training throughout life.

#### Be Seen, Heard and Informed

- Have access to independent advocacy
- Be provided with accessible information and advice on all things that affect your life.





#### Plan your own life as you grow up

- · Have individual help to plan what you do if you want it
- Choose who is involved in helping you make plans
- Be supported to make informed choices which are acted upon
- Be as independent as possible, with appropriate support
- Be able to take risks and get things wrong
- Choose how to spend your money and who will control it
- Choose where to live and with whom
- Choose how to spend time during the day, night and weekends and be supported to carry out those wishes where needed.







# Friendships, Relationships and a good social life

- Be able to choose friends and partners, and spend time with them
- Choose whether to have sexual relationships
- Have privacy when you want it.

#### Employment

- Have help to prepare for work
- Be treated fairly in employment
- Be paid a proper wage for work
- Be supported into and during employment when you want it.

#### Our statement reflects the commitment of Learning Disability Wales to the full implementation of the:

- UN Convention and Declaration on the Rights of the Child
- UN Convention on the Rights of Persons with Disabilities
- European Convention on Human Rights.

and to the principles of the All Wales Strategy.

