

Love your health

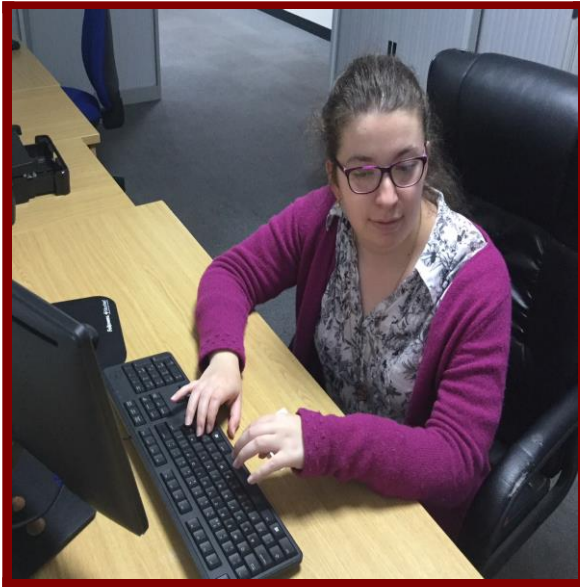
Care bundles and you



#loveyourhealthldw



Learning Disability Wales
Anabledd Dysgu Cymru



Our health campaign in Wales

Who Are We - Pwy ydyn ni



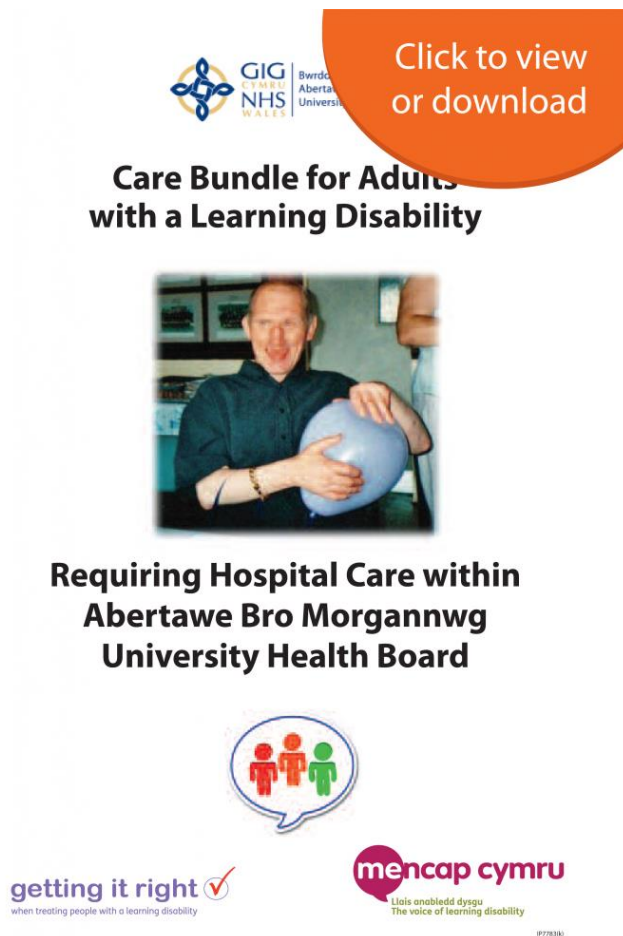
Sian

Wayne

- **1999** **Health For All.** A Welsh response to the Mencap health campaign.
- **2003** **Getting it Right** campaign. A data research project led by a campaigns officer with a learning disability, interviewing over 1,000 people with a learning disability about their experiences in the health services in Wales.
- **2006** Mencap Cymru sponsored back bench ballot. Welsh Government to introduce **Learning Disability Annual Health Checks** in Wales.
- **2009** Working with partners in **Learning Disability Consortium Wales** to create accessible health information portal in Wales.
- **2009** Mencap Cymru delivered **Learning Disability Training** to all GP surgeries in Wales as part of the RCGP/WG Health Equality Programme.
- **2009/10** **Ridd Campaign**, following the death of Paul Ridd in Morriston Hospital, we supported the family to take a case to the Public Services Ombudsman in Wales
- **2011** We produced a series short video clips to help explain **Annual Health Checks**.
- **2013-14** Mencap Cymru was awarded the contract to design and deliver **Learning Disability Awareness Training** to ALL 20 acute hospitals in Wales.
- **2014** Learning Disability Care Pathway (Care Bundles)
- **2016** **Wales Learning Disability Health Taskforce**
- **2016** **The Ridd Foundation** was established by the family of Paul Ridd to help improve the awareness of reasonable adjustments within Acute Healthcare
- **2016** Mencap Cymru developed its own **Learning Disability Care Bundle Training** for its own staff.
- **2017** Care Pathway training for Cartrefi Cymru, All Wales Forum of Parents.
- **2017** Funding a 3 year **Health PhD** study into Annual Health Checks in Wales

What our new health campaign looks like in Wales

- Influence
- Partnerships
- Empowerment
- Change



The image shows the cover of a care bundle titled "Care Bundle for Adults with a Learning Disability". At the top left is the GIG NHS Wales logo, and at the top right is the Bwrdd Abertawe Bro Morgannwg University Health Board logo. An orange button in the top right corner says "Click to view or download". Below the title is a photograph of a man in a dark blue shirt holding a large blue balloon. Under the photo, it says "Requiring Hospital Care within Abertawe Bro Morgannwg University Health Board". At the bottom, there is a logo with three stylized figures in a speech bubble, the "getting it right" logo with a checkmark, and the "mencap cymru" logo with the tagline "Llais anabledd dysgu The voice of learning disability". A small reference number "0779316" is at the bottom right.

GIG NHS Wales | Bwrdd Abertawe Bro Morgannwg University Health Board

Care Bundle for Adults with a Learning Disability

Requiring Hospital Care within
Abertawe Bro Morgannwg
University Health Board

getting it right ✓
when treating people with a learning disability

mencap cymru
Llais anabledd dysgu
The voice of learning disability

0779316

What Mencap Cymru is doing

- Annual Health Checks PhD at University of South Wales
- Learning Disability Care Pathway (Bundles)
 - Set of 7 Interventions to support reasonable adjustments
- Care Pathway Training
 - Video Training for Mencap staff, Cartrefi Cymru staff & parents and carers in All Wales Parents & Carers Forum.
- Care Pathway Reporting Tool
 - A self reporting card which is completed and returned to Mencap Cymru for analysis

Have you been in hospital?



Paul Ridd's Story

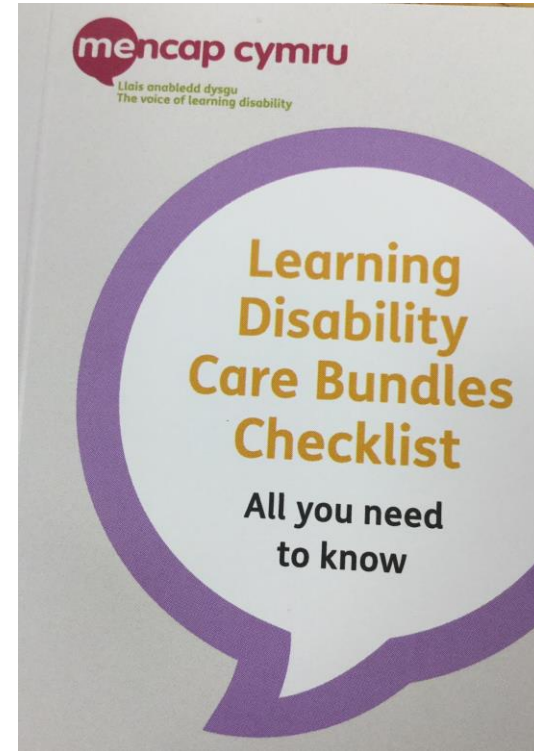


What do you think could have been done better to save Paul's life?



What is the Learning Disability Care Pathway?

Set of 7 overarching interventions to help provide reasonable adjustments needed for patients with learning disability in an acute hospital setting:



CHECKLIST

Within 4 hours of admission, did staff:

- ☐ Notify acute liaison nurses/ learning disability services
- ☐ Notify the patient's next of kin and/or primary carer of admission
- ☐ Request hospital passport for the person?

These guidelines aim to ensure good communication between hospital staff and departments, as well as family members and supporters. As a support worker, you will know lots of useful information about the person you support that will help hospital staff deliver the best healthcare possible.

To be completed daily:

- ☐ Create/review/update 'Patient-centred care plan', developed with patient, primary carers and/or family
- ☐ Person-centred care plan communicated and shared with ward team members
- ☐ Named nurse identified to patient/family and other staff throughout the duration of stay

These guidelines aim to ensure that all hospital care for people with a learning disability is person-centred and delivered according to their needs and preferences.

Within 7 days of admission:

- ☐ Full multi-agency/family/carers discussion held, with the aim of reviewing progress and/or planning discharge

This intervention aims to ensure that the person's condition, care and treatment are reviewed regularly so that progress can be monitored and discharge can be carefully planned in a way that it runs smoothly, is safe and appropriate.

Did you feel confident that the discharge met the needs of the person you were supporting?

☐
Yes

☐
No

What is the Learning Disability Care Pathway?

Set of 7 overarching interventions to help provide reasonable adjustments needed for patients with learning disability in an acute hospital setting:

- Notify hospital patient advocate/care co-ordinator/care manager to help liaison with hospital departments
- Notify next of kin or primary carer of admission
- Request hospital passport (if planned admission)
- Patient centred plan developed with patient and with any primary carers or family
- Nursing care plan communicated and shared with ward team members
- Names nurse during duration of stay is identified to person with a learning disability/family or support staff
- Full multi agency/family/support agencies discussion to review progress and/or planned discharge

Do you think these are helpful



Diagnostic Overshadowing



‘Diagnostic overshadowing’ is the term used to describe the tendency to attribute symptoms and behaviour associated with illness to the learning disability, and for the illness to be overlooked.

When a person presents with a new behaviour or existing ones escalate, you should consider:

- **Physical problems**
 - pain / discomfort
- **Psychiatric causes**
 - depression / anxiety
- **Social causes**
 - change in carers / bereavement



Paul Ridd
1956 - 2009