

Personal Safety when Peer Mentoring

Real Opportunities
Regional SEN Transition to Employment Initiative

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Regional SEN Transition to Employment Initiative



What is Mentoring?

Peer mentoring is a process whereby an individual supports another through an important transition to help achieve their goals and reach their full potential. The Mentor will offer encouragement so that the Mentee will feel inspired, have a heightened confidence and will benefit from personal growth.

The Mentor will be a positive role model to the Mentee who will share their knowledge, skills and experience.

Peer mentoring requires openness, honesty, trust and commitment from the Mentor as they will be giving the Mentee support, assistance and on occasion, advocacy and guidance.

This is a structured process and needs to be held regularly, on a group or one to one basis and over a set period of time.



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Personal Safety

(adapted from the Mentoring and Befriending Foundation's 'Personal Safety Guidelines' - copies of which can be obtained from project staff)

Make sure your project knows your whereabouts

'PLAN' for your own safety

Familiarise yourself with the area in which you will be working

Present yourself appropriately in various contexts (e.g. dress)

Communicate any concerns to your supervisor

Make sure your mobile phone is fully charged and easily accessible

Follow the guidelines laid down by the project

Trust (and listen to) your instincts

Record and report any incidents that cause you concern