

Person Centred Planning

Person Centred Thinking

At the heart of person centred planning must be the values that underpin person centred thinking. Using the person centred tools in this toolkit does not necessarily make you a person-centred practitioner.

It is essential that these tools are only used to complement person centred thinking and when they are appropriate to the individual you are supporting. The tools can be used as you see them or can be adapted to suit individual needs.

There are many ways to complete the tools with a young person and it is dependent on the individual. Please see 'What is Person Centred Planning' in the PCP section of our toolkit for more information.

You will find templates and examples that have been used throughout the Real Opportunities Project in this document. The examples given have either been developed by staff based on experiences with young people or have had name changes, photo's removed and details amended to keep them confidential.

Person Centred Planning

Tool

Relationship Circle

What is it?

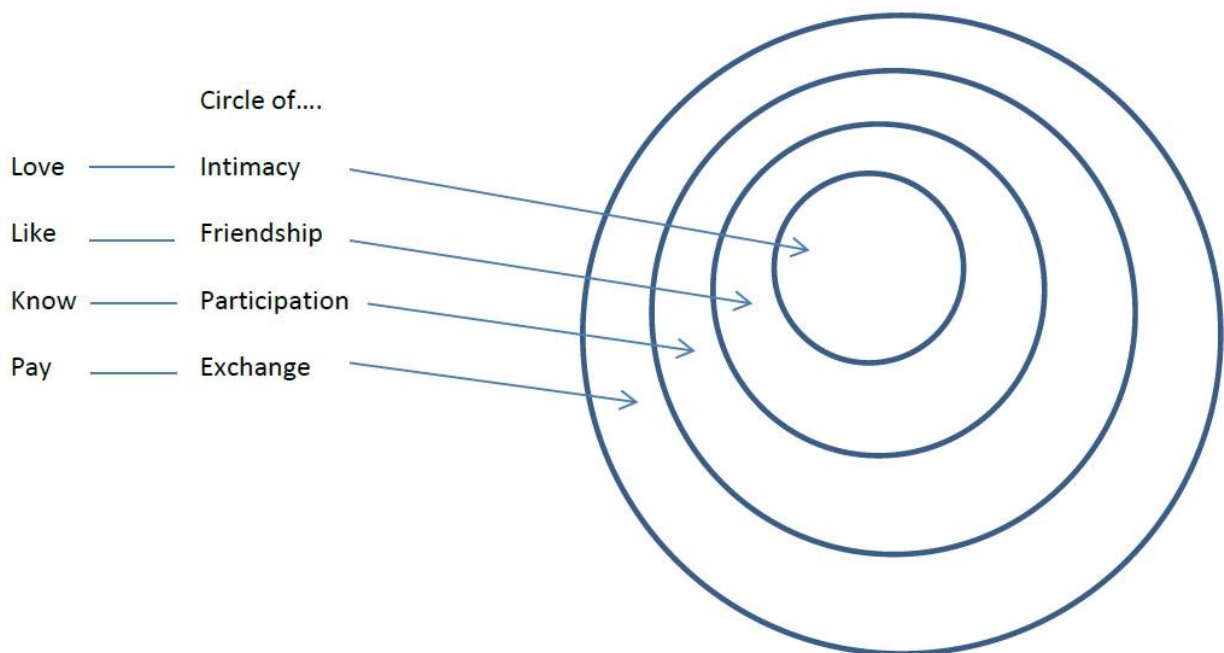
A tool to look at the relationships in someone's life, to learn who is in that person's life, where the gaps are and where support can be focused.

In this example, relationships are represented within a circle, but you can also present the information in columns, as a spider diagram with the person at the centre, in a different shape or using pictures and illustrations.

A relationship circle aims to identify the people who are or have been in a person's life. It can help a person to maintain or re-establish relationships with important people. It can also help to establish characteristics of people who the person would like to receive support from.

How to use it:

A Relationships circle has 4 sections



Write the names of the people who are in your life into the circles, you can also use photos or draw pictures. The closer a person is to the centre of the circle; the more important they are to the individual. Take a look at the template and examples on the following pages for more ideas.

Submitted by: Hannah Cox – Project Training Officer.

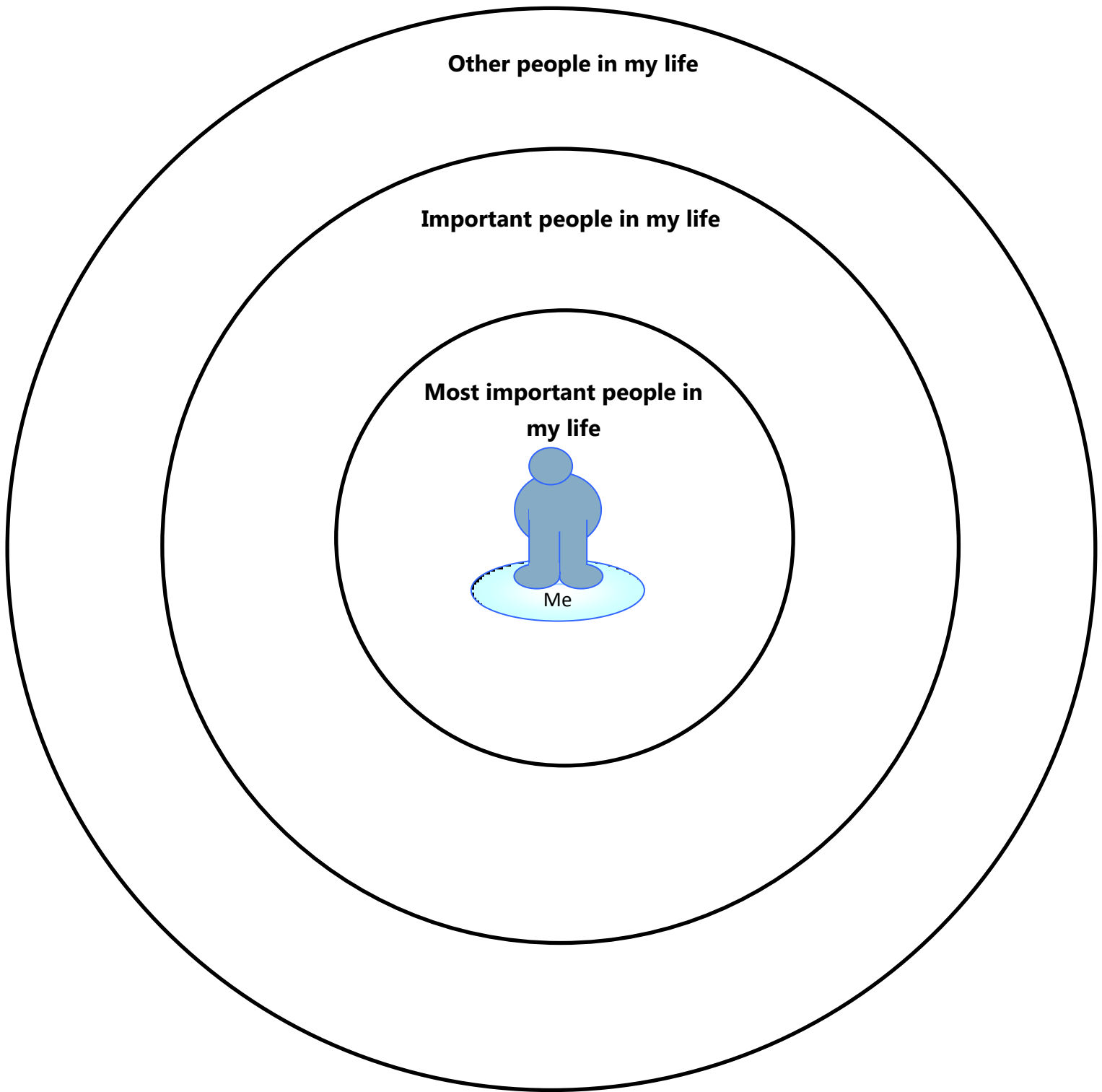
Relationship Circle Template

To be updated...



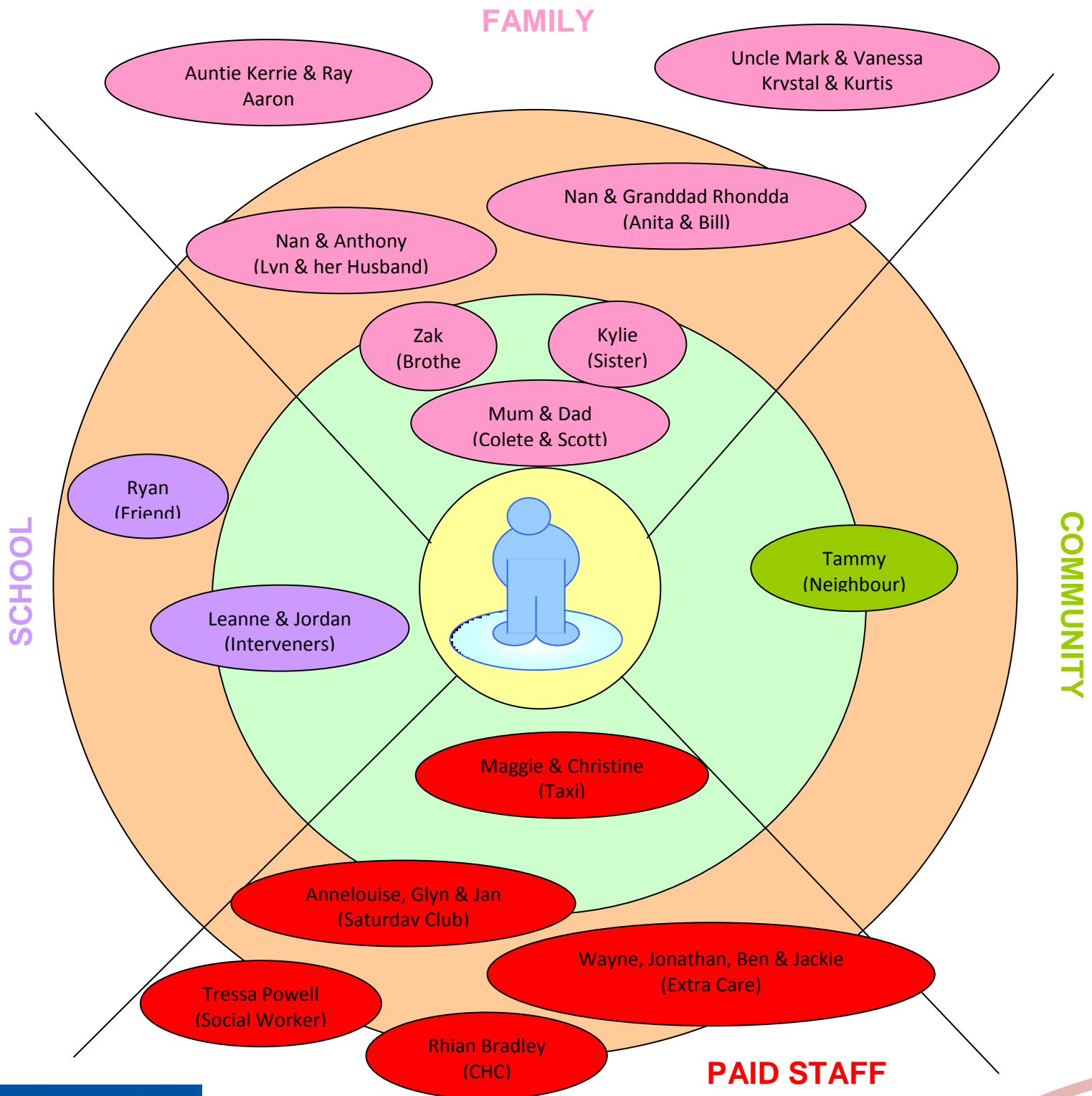
Regional SEN Transition to Employment Initiative © 2012
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Relationship Circle Template

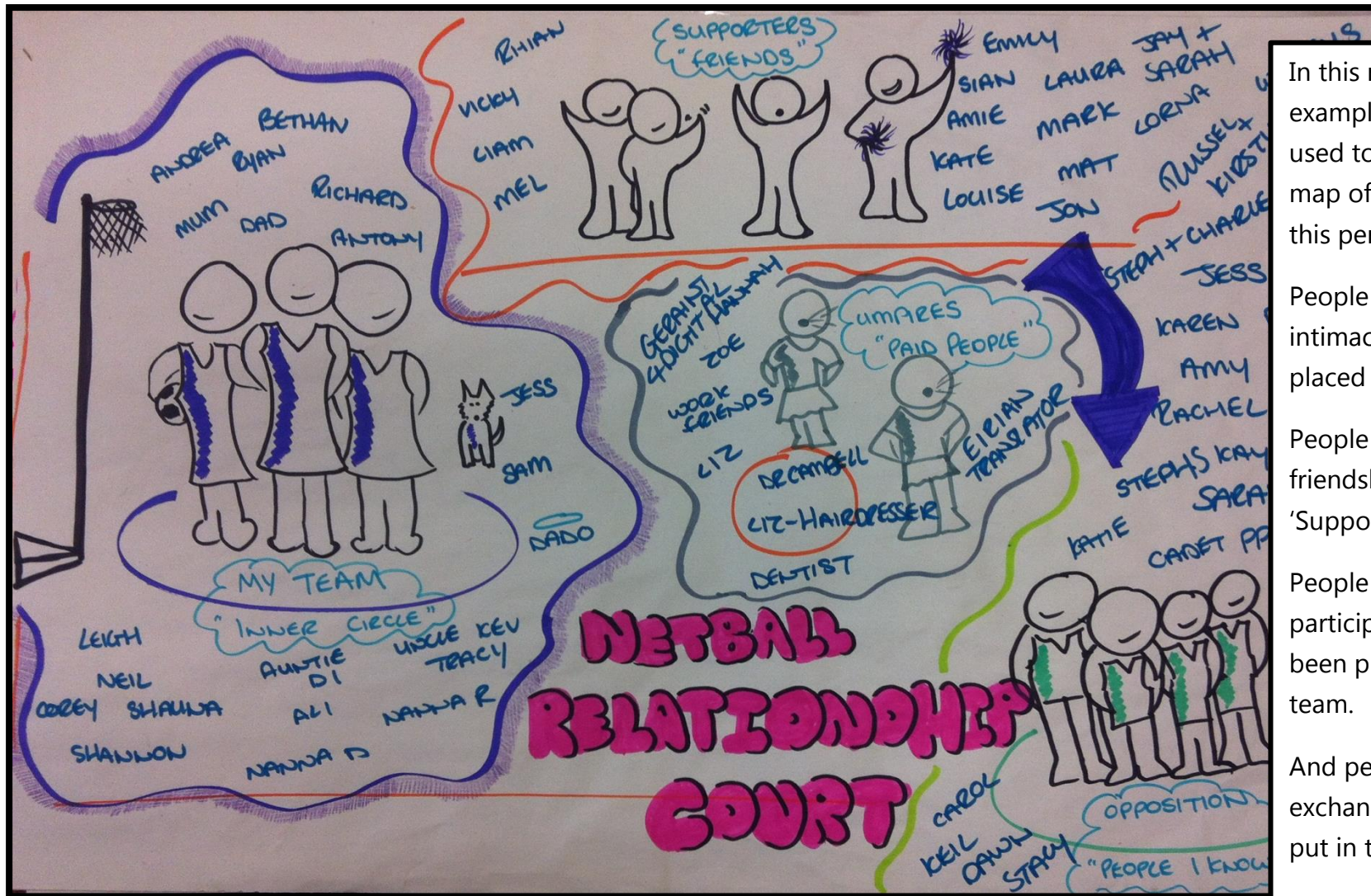


Relationship Circle Example 1

The people who are important to Jordan are....



Relationship Circle Example 2



In this relationship circle example a hobby has been used to create an individual map of the relationships in this person's life.

People within the circle of intimacy or 'Love' have been placed within 'My Team'

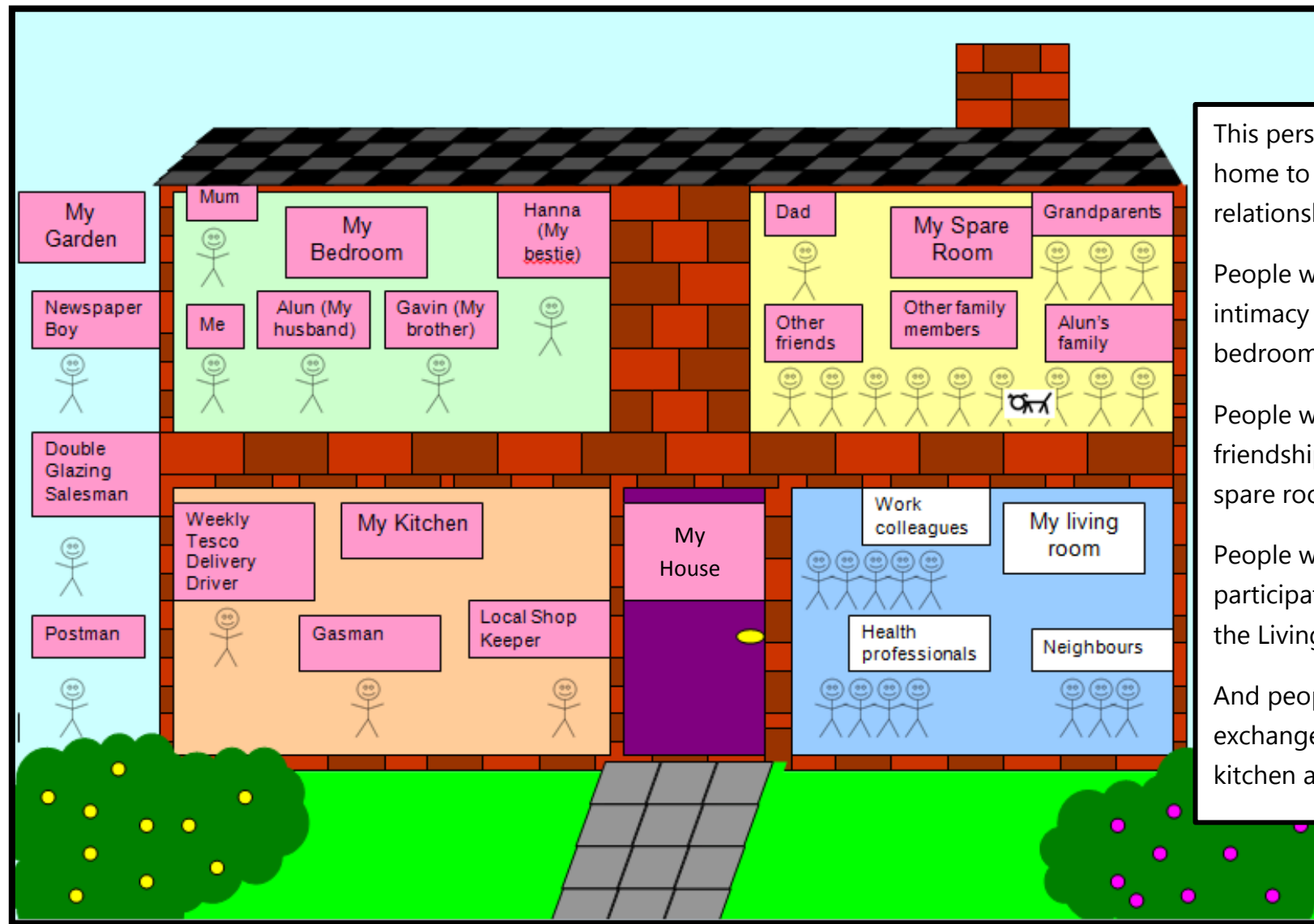
People within the circle of friendship or 'Like' are in the 'Supporters' section.

People within the circle of participation or 'Know' have been put in 'The Opposition's' team.

And people in the circle of exchange or 'Paid' have been put in the 'Umpires' circle.

Pets and people who have passed away have been included.

Relationship Circle Example 3



This person has used their home to represent the relationships in her life.

People within the circle of intimacy or 'Love' are all in the bedroom.

People within the circle of friendship or 'Like' are in the spare room.

People within the circle of participation or 'Know' are in the Living room

And people in the circle of exchange or 'Paid' are in the kitchen and garden.