

Easy read

How to make sure people with a learning disability get the best housing and support



This is an easy read version of the National Commissioning Board's 'Executive summary: Developing improved and progressive practice'

March 2019



CLILC • WLGA

How to use this document



This is an easy read version. The words and their meaning are easy to read and understand.



You may need support to read and understand this document. Ask someone you know to help you.

Some words may be hard to understand. They are in **bold blue writing**. They have been explained in a box below the word.

Where the document says we, this means the **National Commissioning Board (NCB)**.

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What this document is for



To give advice about the best ways to provide housing and support services for people with a learning disability.



To look at how this is done already and make it better. For example, to make sure people come first and can make choices about what they need to lead good lives.



To look at the guidance that was made in November 2017 for people with a learning disability and make it better.



Llywodraeth Cymru
Welsh Government

To have a say on the Welsh Government's **Learning Disability Improving Lives Programme**.

This talks about making sure there is more accommodation for people closer to where they are from.



To make sure services are up-to-date and relevant.

This is for:



- people with a learning disability
- organisations that support people and pay for the support
- carers, family and anyone involved in support.



This document is based on 3 laws:

- Social Services and Well-being (Wales) Act 2014.
- Equality Act 2010.
- United Nations Convention on the Rights of Persons with Disabilities.

Supported living



A lot of people with a learning disability live in supported accommodation. For example, it may be in a house with 3 or 4 other people where support workers help with day to day living.



We think this has been a good thing. But we must make sure people's needs and choices are put first.



To help people think about these important issues we have written 12 questions with answers.



1. What services should be given to people?



Support to have a good life.



2. How will this happen?



By making sure people come first and we work together.



3. What must services try to achieve?



Make sure people are given their rights.



Make sure they look after people's well-being.



Make sure people can be independent.



4. What type of housing should people be able to have?



Ordinary houses or flats in the community.



5. What is the best housing and support like?



A person has their own home.



A person can choose who supports them.



Support and housing are given by different organisations.



The person will normally have a **tenancy**.

A **tenancy** is an agreement in writing between the person who owns the house and the person who lives in it.



7. What rules should be followed for housing?



The **Reach standards**. These are a list of things to help make sure people who have support have their choices and rights protected.



7. What does good support look like?



The person is put first.



Questions 8 and 9 ask about how we plan and make sure good support is provided.



People who plan and deliver support services should work together with the people being supported and their families.



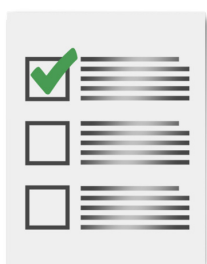
10. How do we make sure housing and support services are provided for people with a lot of needs?



By different organisations working together to make sure people are supported well.



11. How will we know that people's well-being is improving?



By looking at the difference housing and support services make to people's lives.



12. How can we make sure housing and support services can last a long time?



Make sure we keep checking that we are spending money for services well.

What happens next?



This advice will be launched on **5th March 2019**.



The **National Commissioning Board** will work with the **Learning Disability Ministerial Advisory Group**.



The **National Commissioning Board** will work with the Welsh Government's **Learning Disability Improving Lives Programme**.



We will look at how this advice has helped people and organisations in 1 year's time.



We will make a toolkit. This will give more advice on how to carry out this work well.



We will put on an event in **March 2020** for people and organisations to have a say on how helpful this advice has been.

What else needs to be done?



Find out more about what is good and bad about different ways to deliver housing and support.



Look at how **Shared Lives** can be good for people. This is a way of providing housing and support services to people.



Make rules to protect people's rights and well-being if they have to move to a different area for housing and support.



Put on a workshop to look at the best ways of providing housing and support services and the differences they make.



Find ways to check how support and housing services are helping people.



Make a toolkit that will help plan how much housing and support costs.



Look at how **Assistive Technology** can help people. This is using equipment to help people be more independent.



This document has been put together by:

Abertawe Bro Morgannwg University Health Board

All Wales Forum

All Wales People First

Ategi

Cartrefi Cymru

Community Lives Consortium

Conwy County Council

Cymorth Cymru

First Choice Housing Association

Flintshire County Council

Garland Independent Social Care Advice

Learning Disability Wales

National Commissioning Board

North Wales Social Care and Well Being Services
Improvement Collaborative

Welsh Government

Welsh Local Government Association



ADSS Cymru

Yn arwain Gwasanaethau
Cymdeithasol yng Nghymru
Leading Social Services in W: