

Right here



Learning Disability Wales
Anabledd Dysgu Cymru

Learning Disability Wales Annual Conference 2019

14 November 2019 • Llanrwst



How to keep in contact

Learning Disability Wales

41 Lambourne Crescent
Cardiff Business Park
Llanishen
Cardiff
CF14 5GG



029 2068 1160

enquiries@ldw.org.uk

www.ldw.org.uk



@ldwales



learningdisabilitywales

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I would like to wish you the warmest of welcomes to our Annual Conference for 2019. I know I speak for many of the team at Learning Disability Wales when I say that conference time is our favourite time of the year. Our inclusive conferences and events are certainly something we are very proud of.



Our conference offers the opportunity for people with a learning disability to come together with others to understand what makes a difference in people's lives and ensures that people with a learning disability can access their rights and live independently now and in the future.

This year our conference takes place over 2 locations and will showcase the very best practice in Wales. We will hear from speakers, take part in workshops, and learn new things. We hope you will share your knowledge and let us know how we can work to support a better Wales for people with a learning disability.

A stylized, handwritten signature in black ink, which appears to read 'Zoe Richards'.

Zoe Richards

CEO, Learning Disability Wales

'Right here' is part of Learning Disability Wales' Valued Lives project

Bywyd Gwerthfawr



Valued Lives



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government

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What's happening in the morning



Registration



Welcome

Shayna Harris, Conwy Connect



A film from our projects



Questions and answers with the Deputy Minister

Julie Morgan AM, Deputy Minister for Health and Social Care



Engage to Change

Elsa Jones and Jonathan Tranter, Engage to Change Ambassadors



Workshops



Break



Why self advocacy?

Joe Powell, Director, All Wales People First



Youth Parliament

Katie June Whitlow, Member of Welsh Youth Parliament



North Wales Learning Disability Transformation Programme

Liana Duffy, Mark John Williams & Kathryn Whitfield



Supporting people with Autism, learning disabilities, mental health issues and complex needs to achieve positive outcomes.

MHC UK Ltd provides Health and Social Care support to adults, aged 18 years and above, with Autism, learning disabilities, mental health issues and complex needs. MHC services are offered within a variety of settings; Residential Homes, Residential Homes with Nursing and Independent Hospitals, across North Wales and North West England.

Individuals in our social care services benefit from an approach that uses Active Support, Person Centred Planning and Positive Behavioural Support to enable people to be in control, make decisions and achieve what's important to them.

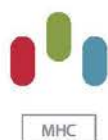
People in our health services benefit from clinical input that delivers progressive, expert interventions, in supportive, rehabilitative environments that enable positive outcomes.

For more information, or to make a referral, please contact our dedicated placement team -

Tel: 01824 792 114

Email: placement@mhc-uk.com

www.mentalhealthcare-uk.com



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Get social with us....

 MHC UK Ltd

 @MHCUKLtd

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What's happening in the afternoon



Lunch



Workshops



Break



Gig Buddies

Lyndsey Richards, Projects Manager,
Learning Disability Wales

Kylie Smith, Gig Buddies Co-ordinator,
Learning Disability Wales



Strategy Launch

Zoe Richards, CEO, Learning Disability
Wales



Closing remarks

Shayna Harris and

Zoe Richards, CEO Learning Disability
Wales



End



Engage to Change is working with 800 employers and over 1000 young people in Wales aged 16-25 with a learning disability, learning difficulty, and/or autism spectrum condition to support them in paid work placements lasting between 6-12 months.

We offer:

- Pre-employment support
- Accredited training for young people and employers
- Supported work visits, work trials, work experience, and internships
- One-to-one in-work training and support to gain skills and experience
- Continuous advice and support for employers

Visit us at www.engagetochange.org.uk or call Learning Disability Wales on 029 2068 1160 to find out more about the project and how to get involved.

For referrals call: ELITE Supported Employment (South Wales/South Ceredigion/South Powys) on 01443 226664

Agoriad Cyf (North Wales/North Ceredigion/North Powys) on 01248 361392



The Engage to Change project is delivered in partnership between Learning Disability Wales, Agoriad Cyf, All Wales People First, Cardiff University, ELITE, and in collaboration with Project SEARCH.



Workshops

Your workshop choices, what times they are and where they are held is shown on the front page of your delegate pack.

Safe Places – Great Places!

Geirionydd (First floor)

This workshop will look at the Safe Places scheme. Safe places works with the community to help promote inclusion and understanding for people in and around Wrexham –

Helping people feel safer and more confident to access their community, enabling them to meet people, and improve their wellbeing.

This workshop will look at how the scheme was developed and how it is benefiting people to be seen, heard, valued and included in their community.

Facilitated by Wrexham CBC

My Social Networks

Elwy (Ground floor)

We all have the right to experience intimate, sexual and romantic relationships. Some people with a learning disability don't have the support they need to make sure that they're able to exercise these rights. The Our Social Networks Project has been collecting stories from people with a learning disability about their friendships and relationships. This workshop will be your chance to listen to stories and share your own. Together we will explore some of the barriers to having an intimate relationship as well as look at ways that we might make sure these relationships are valued.

Facilitated by Mencap Cymru.

Inspire-it

Crafnant (First floor)

Over the last 3 years Flintshire DO-IT cooperative have been sharing the way that they build friendlier, more positive and connected communities. This involves people with a learning disability, disabled people and non-disabled people working together showing a positive model of inclusion. Find out how, by taking part in some of the training yourself.

Facilitated by the DO-IT Inspire-it Team

'Nothing about us without us - how possible is real co-production?'

Carneddau (Ground floor)

The North Wales Transformation Project will get you thinking and talking about the real challenge of attempting to involve people meaningfully in everything we do. If you want to 'walk the walk, not just talk the talk', this workshop is for you.

Ghostbuskers

Hiraethog (Ground floor)

Ghostbuskers is a musical performance project welcoming people of all ages and abilities who perform across the country at community events and concerts throughout the year. Join them at this workshop to find out how being a Ghostbusker helps makes you seen, heard and valued, make some music and get involved!

Facilitated by TAPE.

Gig Buddies needs your help



Did you know that our Gig Buddies project is now in **Bridgend**, the **Vale of Glamorgan**, and **Cardiff**?! And in the New Year we'll be in **Rhondda Cynon Taf** and **Merthyr Tydfil** as well!

That's pretty amazing, isn't it?! It means that if you live in these areas we can find you a Gig Buddy, so you can go to gigs and events, and Stay Up Late - whenever you want to.

But what happens if you don't live in these areas?

We want **everyone** in Wales to be able to have a Gig Buddy. So, if you want a Gig Buddy - but live in an area that currently doesn't have a Gig Buddy project - we want you to tell us.

Please email us at gigbuddies@ldw.org.uk or phone 029 2068 1160 and tell us your name, contact details, and postcode. We will then add you to a waiting list for your area.

This will help us to know what areas need a Gig Buddy project the most. And where the next Gig Buddies projects should be!



Delegate list

Alexandra Badwi	hft
Rachel Balcombe	Derwen College
Steve Brown	North Wales Learning Disability Transformation Programme
Rhobat Bryn Jones	Learning Disability Wales
Adrian Burke	First Choice Housing Association
Sharon Burke	Anheddau Cyf
Ginny Burton	
Jacqui Caldwell	Learning Disability Wales
Rebecca Chan	Learning Disability Wales
Melissa Chard	Public Helath Wales
Gwenan Charters	Agoriad
Millie Clarke	Derwen College
Tabetha Crinson	Derwen College
Sian Croston	North Wales Learning Disability Transformation Programme
Liana Duffy	North Wales Learning Disability Transformation Programme
Neil Dunsire	TAPE Community Music and Film
Ffion Edwards-Roberts	Conwy County Borough Council
Jane Enamu-Leonard	Mencap Cymru / Wrexham SWS group Wrexham CBC
Megan Evans	Learning Disability Wales
Karen Eveleigh	Welsh Government
Martin Gallagher	Leonard Cheshire
Lisa Gilchrist	Leonard Cheshire
Alwena Gordon	Cyngor Gwynedd
Alicia Gough	Wrexham SWS group Wrexham CBC
Shayna Harris	Conwy Connect for Learning Disabilities
Sue Hart	Anheddau Cyf
Colin Howarth	Orbis Education and Care
Mari Hughes	Gwynedd Council
Delyth Hughes	Cyngor Gwynedd
Bethan Hughes	Agoriad
Linda Hurst	TAPE Community Music and Film
Debbie Jackson	Wrexham SWS group Wrexham CBC
Simon James	Down's Syndrome Association
Mark John-Williams	Flintshire DO-IT
Elsa Jones	All Wales People First - Engage to Change

Tracey Jones	Dwr Cymru
Dewi Jones	Cyngor Gwynedd
Aloma Jones	Conwy County Borough Council
Ann Jones	Mencap Cymru
Maria Jones	Gwynedd Council
Anne-Marie Jones	Mental Health Care
Angela Kenvyn	Learning Disability Wales
Grace Krause	Learning Disability Wales
Sarah Laszlo	Derwen College
Mari Lederle	Conwy Connect for Learning Disabilities
Maureen Lee	First Choice Housing Association
Gwynfor Lewis	Self Advocacy Prestatyn
Delyth Lloyd-Williams	Conwy Connect for Learning Disabilities
Phil Madden	Learning Disability Wales
Rhys Mann	Agoriad
Rachel Martin	
Sue Matthias	Wrexham SWS group Wrexham CBC
Josh McBride	Mental Health Care
Malcolm McGuire	Self Advocacy Prestatyn
Tom McKay	Flintshire DO-IT
Karin Melliush	Flintshire DO-IT
Jacob Mitchell	Derwen College
Nicole Mitchell-Meredith	Wrexham SWS group Wrexham CBC
Hannah Murphy	Mencap Cymru
Ramona Murray	Conwy County Borough Council
David O'Brien	Public Health Wales
Rachel Organ	Mencap Cymru
Sian Owen	Learning Disability Wales
Dawn Owen	Carers Wales
Bryn Owen	Self-advocacy Prestatyn
Helen Owen	Derwen College
Alwena Pearson	Dewis CIL
Tracey Phillipson	Crest Cooperative
Michele Pipe	Conwy Connect for Learning Disabilities
Joe Powell	All Wales People First
Lucy Powell	Flintshire DO-IT
Michael Rawlins	Mental Health Care UK
Zoe Richards	Learning Disability Wales
Lyndsey Richards	Learning Disability Wales
Inacia Rodrigues	Learning Disability Wales
Simon Rose	Learning Disability Wales

Andrea Runiewicz	Public Health Wales
Kylie Smith	Learning Disability Wales
Peter Snape	TAPE Community Music and Film
Terry Snape	TAPE Community Music and Film
Amy Snow	Derwen College
Lucy Spencer	Public Health Wales
Rhian Stangroom-Teel	Leonard Cheshire
Laura Talbot	Leonard Cheshire
Stephen Thomas	Self Advocacy Prestatyn
Catherine Thornton	Conwy Connect for Learning Disabilities
Jonathan Tranter	All Wales People First - Engage to Change
Helga Uckermann	NWAAA
Michaela Vallance	Mental Health Care
James Wadlow	Pobl Group
Bill Walker	TAPE Community Music and Film
Karen Warner	Learning Disability Wales
Sioned Watson Jones	Agoriad
Kathryn Whitfield	North Wales Learning Disability Transformation Programme
Katie June Whitlow	Youth Parliament
Sharon Williams	Public Health Wales
Lucy Williams	
Robyn Williams	Agoriad
Victoria Williams	Carers Wales
Sioned Williams	North Wales Learning Disability Transformation Programme
Angela Wilson	Flintshire County Council

Training from Learning Disability Wales



Learning Disability Wales training is a great way to increase your knowledge, develop new skills and broaden your experience and understanding of learning disabilities.

Our courses are educational, inspiring and inclusive.

Positive Behavioural Support	21 Nov 2019	Cardiff
Making information easy to read and understand – Level 1	26 Nov 2019	Cardiff
Workplace well-being	5 Dec 2019	Swansea
Workplace well-being	15 Jan 2020	Bangor
Improving communication through touch	23 Jan 2020	Bangor
Positive Behavioural Support	12 Feb 2020	Newtown
Depression, Anxiety and People with a Learning Disability	26 Feb 2020	Swansea
Depression, Anxiety and People with a Learning Disability	04 Mar 2020	Bangor
Personal Relationships and Sexuality	11 Mar 2020	Cardiff
Making information easy to read and understand – Level 2	18 Mar 2020	Cardiff
Making information easy to read and understand – Level 2	25 Mar 2020	Wrexham

Courses are also as in-house training - tailored to your specific needs.

www.ldw.org.uk

training@ldw.org.uk

029 2068 1160



Exhibitors



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Mental Health Care UK

www.mentalhealthcare-uk.com



Carers Wales

www.carersuk.org



Derwen College

www.derwen.ac.uk



Dwr Cymru

www.dwrcymru.com



Downs Syndrome Association

www.downs-syndrome.org.uk



Engage to Change

www.engagetochange.org.uk



First Choice Housing Association

www.fcha.org.uk



Gig buddies

www.gigbuddies.org.uk



Learning Disability Wales

www.ldw.org.uk



Leonard Cheshire

www.leonardcheshire.org/home/wales



Orbis Education & Care

www.orbis-group.co.uk



Public Health Wales

www.publichealthwales.wales.nhs.uk

