

# Right here



Learning Disability Wales  
Anabledd Dysgu Cymru

Learning Disability Wales Annual Conference 2019

6 November 2019 • Newport



# How to keep in contact

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@ldwales



learningdisabilitywales



# Right here

I would like to wish you the warmest of welcomes to our Annual Conference for 2019. I know I speak for many of the team at Learning Disability Wales when I say that conference time is our favourite time of the year. Our inclusive conferences and events are certainly something we are very proud of.



Our conference offers the opportunity for people with a learning disability to come together with others to understand what makes a difference in people's lives and ensures that people with a learning disability can access their rights and live independently now and in the future.

This year our conference takes place over 2 locations and will showcase the very best practice in Wales. We will hear from speakers, take part in workshops, and learn new things. We hope you will share your knowledge and let us know how we can work to support a better Wales for people with a learning disability.

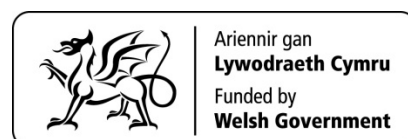
A handwritten signature in black ink, appearing to read 'Zoe Richards'.

Zoe Richards

CEO, Learning Disability Wales

'Right here' is part of Learning Disability Wales' Valued Lives project

**Bywyd Gwerthfawr**  
  
**Valued Lives**



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## Quiet room

Available all day in the Wye Suite at the end of the corridor in reception.



# What's happening in the morning



## Registration



## Welcome

Anna Hugo and Nigel Partridge



## A film from our projects



## Being a Councillor

Cllr. Sara Pickard



## Engage to Change

George Breeze

Michael Allcocok



## Workshops



## Break



## Why self advocacy?

Joe Powell, Director, All Wales People First



## Youth Parliament

Anwen Grace Rodaway, Member of Welsh Youth Parliament

# What's happening in the afternoon



**Lunch**



**Workshops**



**Break**



**Gig Buddies**

Emma Dickson and Shan Marsh



**Strategy Launch**

Zoe Richards, CEO, Learning Disability Wales



**Photography Competition Awards**



**Closing remarks**

Ann Hugo and Nigel Partridge

Zoe Richards, CEO Learning Disability Wales



**End**





Engage to Change is working with 800 employers and over 1000 young people in Wales aged 16-25 with a learning disability, learning difficulty, and/or autism spectrum condition to support them in paid work placements lasting between 6-12 months.

**We offer:**

- Pre-employment support
- Accredited training for young people and employers
- Supported work visits, work trials, work experience, and internships
- One-to-one in-work training and support to gain skills and experience
- Continuous advice and support for employers

Visit us at [www.engagetochange.org.uk](http://www.engagetochange.org.uk) or call Learning Disability Wales on 029 2068 1160 to find out more about the project and how to get involved.

For referrals call: ELITE Supported Employment (South Wales/South Ceredigion/South Powys) on 01443 226664

Agoriad Cyf (North Wales/North Ceredigion/North Powys) on 01248 361392



The Engage to Change project is delivered in partnership between Learning Disability Wales, Agoriad Cyf, All Wales People First, Cardiff University, ELITE, and in collaboration with Project SEARCH.



# Workshops

Your workshop choices, what times they are and where they are held is shown on the front page of your delegate pack.

## SeeMe – Using digital video to support people to live well

### Rumney Suite

This workshop will look at how new ways of working with consumer technology and digital video can assist the transformation of services that focus on delivering person centred day opportunities with individuals, and that their views and wishes are heard and valued.

There will also be opportunity to hear from professionals and people accessing services about the impact the SeeMe approach has had on people's well-being.

Facilitated by Practice Solutions and Vale of Glamorgan Council

## We are the experts

### Monmouth Suite

All Cardiff People First Trainers have a learning disability, and 7 are paid members of staff. Find out who we train, what difference it makes to society, and what difference it has made to our trainers' lives been seen and heard as experts in their own field. Take part in some of the training to see for yourself!

Facilitated by Cardiff People First

## Look at me

### Working Wall

This workshop will look at how people are getting out and about in their community, what it means to them and the communities they live in.

The workshop will include film, discussion and interactive exercises to get you thinking about what community means to you and how people can be seen, heard, included and valued in their communities.

Facilitated by Mirus



## My Social Networks

### Caldicot Suite

We all have the right to experience intimate, sexual and romantic relationships. Some people with a learning disability don't have the support they need to make sure that they're able to exercise these rights. The Our Social Networks Project has been collecting stories from people with a learning disability about their friendships and relationships. This workshop will be your chance to listen to stories and share your own. Together we will explore some of the barriers to having an intimate relationship as well as look at ways that we might make sure these relationships are valued.

Facilitated by Mencap Cymru.

## Valued in work

### Ebbw Suite

This interactive workshop explores some tricky questions when it comes to what work, or having a job, means when you do not get paid. Volunteering can be a great way to feel part of your community, but what if you volunteer somewhere where everyone else gets paid? Or, what if you take on some work experience in the hope of one day being paid, but that never happens? We can talk through some of these ideas together and think about how we are valued in different ways, but also, how sometimes, we could be taken advantage of.

Facilitated by Kim Dearing, researcher at Cardiff University looking at employment for people with a learning disability

## Communication first

### Afon Suite

Communication is vital for people to be seen, heard, valued and included. This workshop will look at different communication tools, particularly Talking Mats which can be used to produce a social story for the individual, which they can share with significant others.

This interactive workshop will also show different apps like Grid Player which can enrich communication for people with communication difficulties and facilitate ways for individuals to have their voices heard.

Facilitated by Communication First

# Gig Buddies needs your help



Did you know that our Gig Buddies project is now in **Bridgend**, the **Vale of Glamorgan**, and **Cardiff**?! And in the New Year we'll be in **Rhondda Cynon Taf** and **Merthyr Tydfil** as well!

That's pretty amazing, isn't it?! It means that if you live in these areas we can find you a Gig Buddy, so you can go to gigs and events, and Stay Up Late - whenever you want to.

But what happens if you don't live in these areas?

We want **everyone** in Wales to be able to have a Gig Buddy. So, if you want a Gig Buddy - but live in an area that currently doesn't have a Gig Buddy project - we want you to tell us.

Please email us at [gigbuddies@ldw.org.uk](mailto:gigbuddies@ldw.org.uk) or phone 029 2068 1160 and tell us your name, contact details, and postcode. We will then add you to a waiting list for your area.

This will help us to know what areas need a Gig Buddy project the most. And where the next Gig Buddies projects should be!



# Delegates

Mary Allan	Communication First
Michael Allcock	All Wales People First - Engage to Change
Steve Barnard	Learning Disability Wales
Joanne Barnett	Innovate Trust
Sally Bathurst	mirus
Lily Beyer	DFN Project SEARCH
Daniel Biddle	Leonard Cheshire
Joe Blackley	Cardiff People First
Richard Blackmore	Innovate Trust
Rebecca Blanche	National Lottery Community Fund
Nigel Bowen	First Choice Housing Association
Emma Brabon	Rhondda Cynon Taf CBC
George Breeze	All Wales People First - Engage to Change
Rosemary Brewer	Vale People First
Rhobat Bryn Jones	Learning Disability Wales
Adrian Burke	First Choice Housing Association
Pauline Carter	Rhondda Cynon Taf People First
Rebecca Chan	Learning Disability Wales
Judith Chapple-Javis	Consensus Support
James Clark	Vale People First
Paula Close	Cardiff and Vale of Glamorgan Children's Services
Janet Cox	My Mates - Monmouthshire County Council
Donna Coyle	Wales Co-operative Centre
Susan Crawford	Mencap Cymru
Andrea Csatos	mirus
Ian Cullimore	Learning Disability Wales
Catherine David	Vale People First

Jenny Davies	Mencap Cymru
Sara Davies	Pobl Group
Ceri Davies	Dewis CIL
Sarah Day	Practice Solution
Kim Dearing	Cardiff University
Letitia Deeble	mirus
Susan Deval	The Healthy Lives Project
Emma Dickson	Gig buddies
Chris Dodds	Cartrefi Cymru Co-operative
Tracey Drew	All Wales People First
Sarah Duke	Torfaen People First
Lynne Evans	Rhondda Cynon Taf People First
Miranda Evans	Disability Wales
Michelle Ferris	Drive
Ryan Francis	HMP/YOI Parc Prison
Joshua Fretwell	National Star College in Wales
Andrew Gapa	Torfaen People First
Menai Griffiths	Cardiff and Vale of Glamorgan Children's Services
Laura Griffiths	Learning Disability Wales
Dawn Gullis	Learning Disability Wales
Ceri Harding	Drive
Daniel Harding	Vale People First
Kate Harris	
Annaliese Hart	mirus
Michelle Hickin	Digital Communities Wales
Jen Horton	Cardiff and Vale of Glamorgan Children's Services
Barrie Hughes	Ludlow Street Healthcare
Deborah Hughes	Rhondda Cynon Taf CBC
Natalie Hughes-Owen	Welsh Government

Anna Hugo	Vision 21
Joanne Hurst	Vale People First
Thomas James	Wales Co-operative Centre
Simon James	Down's Syndrome Association
Matthew James	Welsh Ambulance Service
Hollie Jenkins	mirus
Sam Jenkins	Learning Disability Wales
Rhodri Jenkins	mirus
Mandy Jenkins	Welsh Ambulance Service
Rachel Ann Jones	Public Health Wales
Nichola Jones	mirus
Rhian Jones	Drive
Katherine Jones	Innovate Trust
Alison Jones	The Healthy Lives Project
Nick Jones	Vision 21
Helen Jones	Cardiff and Vale of Glamorgan Children's Services
Kai Jones	Learning Disability Wales
Alice Jones	HMP/YOI Parc Prison
Zoe Jones	Drive
Gerraint Jones-Griffiths	All Wales People First
Zarah Kaleem	Cardiff People First
Angela Kenvyn	Learning Disability Wales
Grace Krause	Learning Disability Wales
Bethany Kruger	Public Health Wales
Rob Larkins	Vision 21
Margaret Lewis	Consensus Support
Liam Lewis	Consensus Support
Thomas Macey	
Phil Madden	Learning Disability Wales



Helen Mahony	Mencap Cymru
John Mann	National Star
Shan Marsh	Gig buddies
Kurtis Marshall	Vale People First
Kieran McCargo	Mencap Cymru
Caitlin Mckie	Sense Cymru
Rebecca Meadows	mirus
Joanne Moore	Learning Disability Wales
Jeff Morgan	Cardiff People First
Lisa Morgan	Dimensions
Tracey Morgan	
Clare Morgan	mirus
Rebecca Morgan	The Healthy Lives Project
Lucy Morris	Ludlow Street Healthcare
James Mothersole	Torfaen People First
Jenny Mushiringani Monjero	Rhondda Cynon Taf People First
Jack Neylor	Vale People First
Paul Nicholls	Vale People First
Sian Owen	Learning Disability Wales
Joanne Parsons	Drive
Nigel Partridge	Vision 21
Tina Perrott	
Paula Phillips	Public Health Wales
Melys Phinnemore	Vale of Glamorgan
Sara Pickard	Mencap Cymru / Inclusion International
Courtney Poupard	Pembrokeshire People First
Hazel Powell	Welsh Government
Joe Powell	All Wales People First
Amber Powell	Carers Wales

Chris Power	Vale People First
James Prestwood	Mencap Cymru
Joanne Price	Vale People First
Tracey Price	Dwr Cymru
Alex Railton	Mencap Cymru
Leslie Read	Drive
Amanda Rees	Vale People First
Joshua Reeves	Leonard Cheshire
Lyndsey Richards	Learning Disability Wales
Zoe Richards	Learning Disability Wales
Kayleigh Richards	mirus
Kelly-Ann Rideout	Vale People First
Daniel Ritmeyer	
Louise Rixon	
Shane Robinson	Drive
Tricia Robinson	Torfaen People First
Nathan Robinson	mirus
Anwen Grace Rodaway	Youth Parliament
Inacia Rodrigues	Learning Disability Wales
Joseph Rogers	Vale People First
Simon Rose	Learning Disability Wales
Sarah Seabourne	My Mates - Monmouthshire County Council
Sarah Sidman Jones	Vale of Glamorgan
Courtney Simpson	Vale People First
Ann Slattery	Vale People First
Kylie Smith	Learning Disability Wales
Krzysztof Stefanczyk	mirus
Imogen Stephenson	Mencap Cymru
Alex Stevenson	Vale People First
Andrew Stevenson	Welsh Government

Sam Stevenson	Vale People First
Rachel Stinchcombe	mirus
Jonathan Strawbridge	Pembrokeshire People First
Angela Strickland	Newport Adult Community Learning
Kelly Stuart	All Wales People First
Nicola Sullivan	mirus
Anna Suschitzky	Mencap Cymru
David Sweeting	Vale People First
Rob Symons	Able Radio
Zhanar Tabeyeveva	Learning Disability Wales
Ben Taylor	Vale People First
Kathy Thomas	
Stacey Traylor	Vale People First
Samantha Varley	Mencap Cymru
Rose Waddicor	mirus
Sophie Wakelng	Torfaen People First
Michelle Walker	Digital Communities Wales
James Wall	mirus
Debbie Walsh	Vision 21
Karen Warner	Learning Disability Wales
Stephen West	Cardiff People First
Cheryl White	Learning Disability Wales
Eve Williams	Cardiff and Vale of Glamorgan Children's Services
Huw Wilson	Drive
Lynda Withers	Torfaen
Linda Woodley	Vale of Glamorgan Council
Sian Woolson	Rhondda Cynon Taf CBC
David Worth	The Healthy Lives Project
Neil Yates	Pobl Group

# Training from Learning Disability Wales



Learning Disability Wales training is a great way to increase your knowledge, develop new skills and broaden your experience and understanding of learning disabilities.

Our courses are educational, inspiring and inclusive. We encourage interaction in a relaxed and fun learning environment.

Positive Behavioural Support	21 Nov 2019	Cardiff
Making information easy to read and understand – Level 1	26 Nov 2019	Cardiff
Workplace well-being	5 Dec 2019	Swansea
Workplace well-being	15 Jan 2020	Bangor
Improving communication through touch	23 Jan 2020	Bangor
Positive Behavioural Support	12 Feb 2020	Newtown
Depression, Anxiety and People with a Learning Disability	26 Feb 2020	Swansea
Depression, Anxiety and People with a Learning Disability	04 Mar 2020	Bangor
Personal Relationships and Sexuality	11 Mar 2020	Cardiff
Making information easy to read and understand – Level 2	18 Mar 2020	Cardiff
Making information easy to read and understand – Level 2	25 Mar 2020	Wrexham

Courses are also as in-house training - tailored to your specific needs.

[www.ldw.org.uk](http://www.ldw.org.uk)

[training@ldw.org.uk](mailto:training@ldw.org.uk)

029 2068 1160



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# Exhibitors



Carers Wales  
[www.carersuk.org](http://www.carersuk.org)

Consensus  
[www.consensussupport.com](http://www.consensussupport.com)

DRIVE  
[www.driveltd.org.uk](http://www.driveltd.org.uk)

Dwr Cymru  
[www.dwrcymru.com](http://www.dwrcymru.com)

Downs Syndrome Association  
[www.downs-syndrome.org.uk](http://www.downs-syndrome.org.uk)

Engage to Change  
[www.engagetochange.org.uk](http://www.engagetochange.org.uk)

First Choice Housing Association  
[www.fcha.org.uk](http://www.fcha.org.uk)

Gig buddies  
[www.gigbuddies.org.uk](http://www.gigbuddies.org.uk)

Learning Disability Wales  
[www.ldw.org.uk](http://www.ldw.org.uk)

Leonard Cheshire  
[www.leonardcheshire.org/home/wales](http://www.leonardcheshire.org/home/wales)

Ludlow Street Healthcare  
[www.lshealthcare.co.uk](http://www.lshealthcare.co.uk)

mirus  
[www.mirus-wales.org.uk](http://www.mirus-wales.org.uk)

Newport Adult Community Learning  
[www.newport.gov.uk](http://www.newport.gov.uk)







Public Health Wales

[www.publichealthwales.wales.nhs.uk](http://www.publichealthwales.wales.nhs.uk)



Ymddiriedolaeth GIG  
Gwasanaethau Ambwlans Cymru  
Welsh Ambulance Services  
NHS Trust

Welsh Ambulance Service

[www.ambulance.wales.nhs.uk](http://www.ambulance.wales.nhs.uk)



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