

# **Learning Disability Ministerial Advisory Group**



**Notes from our third meeting on 10  
September 2019**



## **People who came to the meeting**

- Sophie Hinksman – Co-chair
- Adrian Burke – Community Housing Cymru
- Rebecca Cicero – Social Care Wales
- Wayne Crocker – Mencap Cymru
- Lynne Evans – All Wales People First
- Julian Hallett – Down's Syndrome Association
- Edwin Jones – Challenging Behaviour Community of Practice
- Dermot McChrystal – Association of Directors of Education
- Michelle Martin – Care Forum Wales
- Emma Mulinder – All Wales Adult Service Heads
- Ruth Northway – University of South Glamorgan
- Joe Powell – All Wales People First

- Zoe Richards – Learning Disability Wales
- Hayley Tarrant – Welsh Nursing and Midwifery Committee
- Oliver Townsend – Cymorth Cymru
- Michelle Williams – All Wales People First
- Sharon Williams – Public Health Wales

### **Others:**

- Tracey Drew – supporting Sophie
- Dawn Price – supporting Lynne
- Catherine Thornton – supporting Michelle
- Jo Griffin – attending for Christine Griffiths
- Kate Young – attending for Pauline Young
- Kelly Stuart – All Wales People First

### **Officials:**

- Karen Eveleigh – Learning Disability Improving Lives
- Andrew Stevenson – Learning Disability Improving Lives
- Natalie Hughes-Owens – Learning Disability Improving Lives
- Alyson Collins – Social Services and Integration

### **People who came to talk about things on the programme:**

- Rhidian Jones and Dan Jones to talk about ICF Capital (Housing)
- Shelly Davies and Sam Bufton to talk about ICF Revenue



## People who could not come

- Suzanne Clifton
- Christine Griffiths
- Jane Rodgers
- Jason O'Brien
- Pauline Young
- Emma Curtis
- Hazel Powell

## 1. Welcome and introduction



Sophie welcomed everyone. She asked people to say their names and who they worked for. We all did this.



Sophie read out the rules for our meetings. And asked everyone to listen to and respect each other.

## 2. What happened at the last meeting



We read the minutes from the last meeting and agreed that these were correct. And we agreed that the actions were right.



Dermot said that we can still tell him our ideas about teachers using less **restrictive practices**.



**Restrictive practices** are when people try to control your behaviour by stopping you from doing things. It can be things like holding you down. Or putting you in a room alone.



At the last meeting we talked about transition. We said we did not like the word **handover**. And that we should carry on using the word **transition**.



This was shared with the Children's Health Team who will say **transition handover** for now. Some members still do not like these words.

## Actions



**Karen** will look at the **Learning Disability Improving Lives Programme** report.

She will send Dermot any actions that are to do with **restrictive practices**.



**Oliver** will get all the information we have about **Positive Behavioural Support**. And how it can help to stop **Adverse Childhood Experiences**.

**Positive Behavioural Support** is about understanding why a person behaves in a challenging way. And trying to sort out the problem.

**Adverse Childhood Experiences** means bad things that happen when you are young. For example, if your parents take drugs or if you are abused.



**Karen** will update us about the research and evaluation group at the December meeting.



**Alyson** will send us the action log.

### 3. Integrated Care Fund



Before the meeting, Alyson sent us papers about the **Integrated Care Fund (ICF)**. There were also new papers at the meeting that are not finished yet.



Rhidian Jones and Dan Jones said that the ICF capital money was being used to build new houses. And to pay for people to make changes to their houses.



We are happy that more money is going to new housing for people who need extra support. And that the money would help people to live closer to home.



Oliver asked who would be in charge of checking the buildings after they are finished. Rhidian and Dan said that this would be the people who asked for the houses to be built or changed.



Shelley Davies explained what **the ICF Revenue Programme** does. And that in 2019-2020 there will be almost £125 million put into the scheme.



She also said that the first **ICF annual report** will come out later this year. It will give more information about the different projects.



Members will email Alyson with any comments or questions about the **ICF Capital Programme**. Or about the **ICF Revenue Programme**.



Alyson will send us the:

- **ICF Revenue Data Report**
- **ICF Revenue Annual Report**

When they come out later this year.

## 4. Making the Learning Disability Improving Lives Programme better after Whorlton Hall



After Whorlton Hall the **Challenging Behaviour Community of Practice** checked the **Learning Disability Improving Lives Programme** report.



They said we have enough rules to stop abuse from happening. The problem is that:



- Some people are not following the rules.



- People with learning disabilities are not included enough when we try to make services better.



To make things better we need:

- An easy way for families and staff to talk about things that might turn into problems. Before they get worse.





- Clear ways of **keeping people safe**. Like staff and people being able to tell someone if they are worried about something or someone.



They said we could use the words **raising concerns** instead of **whistleblowing**.

We talked about lots of things that came up in the report including:



- People who get **Continuing Health Care** can not get **Direct Payments**.



- Care workers should think that their job is important. They should have more chances to learn and develop.

Name	<i>R. Smith</i>
Address	<i>224 West St</i>
	<i>Manchester</i>
Phone Number	

And all care workers should have to put their name on a register so we know they are good.



Most people thought this was a good idea. Kate was worried that having to register could put people off becoming care workers and looking after people. Especially family and friends.



- Rebecca mentioned that **Social Care Wales** is trying to find out how to keep care workers in their jobs for longer. And they are asking people their thoughts.



She also said that it was Care Week. And we can send her our stories about good things that have happened to do with care.



- **Commissioners** need to keep checking that people's placements are right for them.

**Commissioners** are people who put in place the services people need.



The group said they agree with the ideas that the **Challenging Behaviour Community of Practice** had.



Karen said she will find out what other organisations and experts think. Especially people who work for the NHS.

	<p><b>Actions</b></p> <p><b>Alyson</b> will send Social Care Wales' consultation document to us.</p>
	<p><b>Members</b> will send Rebecca stories about things going well in social care. To help raise awareness about Care Week.</p>
	<p><b>Rebecca</b> and <b>Karen</b> will agree on the right wording about registering care workers and personal assistants.</p>
	<p><b>Edwin</b> will send Dermot information on <b>Positive Behavioural Support</b> and education.</p>
	<p><b>Karen</b> and <b>Andrew</b> will look into updating the <b>Learning Disability Improving Lives Programme report</b>. Including ideas from:</p> <ul style="list-style-type: none"> <li>• The Challenging Behaviour Community of Practice</li> <li>• LD MAG Members</li> <li>• The National Collaboration Commissioning Unit – who are checking if care placements are good enough.</li> </ul>

## 5. Update on the health actions in the Learning Disability Improving Lives programme



Karen said that the **National Collaboration Commissioning Unit** is doing a check of care placements in England and Wales.

The placements are for children and adults with learning disabilities or mental health issues.



The report on children's placements is finished and Welsh Government is looking at it.



The report on adults' placements will be ready in October. When it is finished we will write a plan of action to give to the Minister.



Karen said that we could put the **Challenging Behaviour Community of Practice's** ideas with this action plan. All this work could then be done together.



**General Practitioners Committee Wales** could not agree to the changes to the Annual Health Check that the Welsh Government wanted. .



Members said they were not happy to hear this news.

They agreed that they would write to the Minister for Health and Social Services to tell him this. And to ask him to make sure they agree the changes next year.



The **Learning Disability 1000 Lives** team at **Public Health Wales** are going to look at how Annual Health Checks work in other parts of the UK. .



Karen said that the Welsh Government and the NHS still want to get at least 3 out of 4 people with a learning disability to get a health check every year.





The Welsh Government and the NHS also want more people with a learning disability to register with a doctor.



Lynne Evans said that **Rhondda-Cynon-Taff People First** had looked at **barriers** to health for people with a learning disability in Cwm Taf.

**Barriers** are things that stop you from doing what you want to do. **Barriers** can include money or where you live.



### Actions

- **Edwin, Emma, Joe, Kate, Oliver** and **Zoe** will work with Welsh Government and Public Health Wales to make the plan of action.



- **Zoe** will write a letter for the LDMAG group to send to the Minister. Natalie will send it to the group first so we have a chance to comment.



- Lynne Evans will share what Cym Taf found out about **barriers** to health for people with a learning disability.

## 6. The new Co-Chair for the LDMAG



Humie Webbe has agreed to be the co-chair for the LDMAG. She will co-chair her first meeting with Sophie in December.



Humie said she would like to have a relaxed meeting with LDMAG members before the December meeting. Members agreed to this.



### Action

- **Alyson** will send us more information about Humie.



- **Alyson** has also planned a relaxed lunch for us with Humie. It will take place on:

Friday 8<sup>th</sup> November, 12.00pm – 2.00pm  
Welsh Government, Cathays Park, Cardiff

## 7. The Deputy Minister at the December LDMAG meeting



The Deputy Minister is coming to the LDMAG December meeting.

Sophie said we could use the time best by talking about the main issues that are important to people with a learning disability.

Members agreed that the 4 main issues we want to talk about are:



- That no one with a learning disability should have to leave Wales to get support.



- Transport.



- Health services and social care services working together in a better way.





- Paying for social care in Wales.



### Action

- **Members** will send Alyson things they want to talk about for these 4 issues.

## 8. Any Other Business



Karen said that the meeting room is not good enough because it does not have a computer.



In 2020 all meetings need to be in a room with a computer. Karen asked members to say if they know any good places to have the meetings.



Karen also asked if we should hold meetings outside of Cardiff.

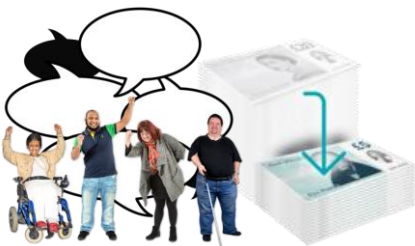
Members did not think this was a good idea because most organisations are based near to Cardiff. And the transport is good.

Joe spoke about **Independent Professional Advocacy Contracts**. This means some councils only want to give money to **advocacy** services.



**Advocacy** is when someone helps you and speaks up for you to:

- Say what you want to say
- And make things happen



**All Wales People First** are worried that councils will stop giving money to **self-advocacy** groups.

**Self-advocacy** is when you are supported to speak up for yourself.



**All Wales People First** felt that this would give people with learning disabilities less choice. And less control over their lives.



**Actions:**

**Joe** is meeting **Ruth Akers** who works on advocacy in Welsh Government. He will talk about the group's worries about funding.



**Kate** and **Julian** said they would be happy to write Joe letters of support if he wanted.



**Albert** is meeting the Directors of Social Services and will talk to them about **self-advocacy**. **Karen** will tell the group about this at the December meeting.



Meeting room update: we have now found meeting rooms with computers in the Welsh Government buildings in Cardiff.

## 9. Future meetings

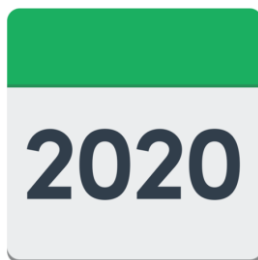
The next meeting will be on **Wednesday 4 December 2019**.



It will start at 9.45am because the Deputy Minister is coming.

### Update

The Deputy Minister can not come to the meeting in December now She will come to the March meeting



In 2020 the meetings will be on:

- Wednesday 25<sup>th</sup> March
- Tuesday 9<sup>th</sup> June
- Tuesday 8<sup>th</sup> September
- Tuesday 8<sup>th</sup> December



All the meetings in 2020 will be at the Welsh Government Offices, Cathays Park, Cardiff.

The meetings will start at 11am until 3pm.