Making sure people are treated equally and fairly in healthcare during Coronavirus

This document was written by Welsh Government. It is an easy read version of ‘Coronavirus: ethical values and principles for healthcare delivery framework’

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How to use this document

This is an easy read version. The words and their meaning are easy to read and understand.

You may need support to read and understand this document. Ask someone you know to help you.

Some words may be hard to understand. They are in **bold blue writing**. They have been explained in a box below the word.

If the hard word is used again it is in *normal blue writing*. You can check what they mean in Hard words on page 15.

This document was written by the **Welsh Government**. For more information go to our website:


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What this document is about

This document is a guide for healthcare services.

It is to help them make good and fair decisions during the coronavirus outbreak.
Health services must make sure everyone is given an equal amount of care and respect. This is the most important value in this document.

All people in Wales have the right to be treated equally. This is part of our laws.

This means:

- Everyone is important. Health services must follow laws about equality and human rights.
- Being treated equally does not mean being treated the same. It means all people have the same rights to have their needs met by health services.
- Society needs to work together and take care of everyone.
- We have to make sure people are kept as safe as possible.
Principles

We need to follow some ideas to make sure everyone is given an equal amount of care and respect. These ideas are called Principles. These are the principles we need to follow when making decisions in healthcare:

Respect

This means:

- Thinking about the whole person, their choices, feelings and rights.

- Making sure people know what is going on in a way they understand.
▪ Making sure people can have a say. And are involved in decisions about their own lives.

▪ Listening to people’s choices about their care and treatment.

▪ When people cannot make their own decisions we make the best decisions for them. Thinking about what is best for them.

▪ People’s personal information is kept private. It is only shared with people who need to know.
Making sure the coronavirus causes the least amount of harm

This means:

▪ Trying to stop the virus spreading. Especially to people who are at the most risk of getting seriously ill.

▪ Making sure people get the safest care when they are ill.

▪ Lowering the risk of harm by giving everyone the right treatment for them.

▪ Learning about the best way to care for people who are ill with coronavirus. And sharing what we know.

▪ Making sure the coronavirus causes the least harm possible to people and services.
Treating people fairly

This means:

▪ Every person matters. Everyone has the same chances to get the health services they need.

▪ When deciding what the best treatment is for someone, we think about their rights.

Working together

This means:

▪ Healthcare services must work together with other organisations to deal with coronavirus.

▪ Different parts of health services must work together.

▪ Everybody must take responsibility for how they behave. They should not put other people at risk.
• Healthcare services must think about information they can share that will help others.

• People should be given support if they are being asked to do work that puts them at higher risk of getting coronavirus.

• Managers must make sure there is as little risk as possible to others.

Doing what’s right

This means:

• Information given to the public is correct and truthful.

• People who have to make decisions that can affect people’s lives need to think carefully about doing what is right.
Working with change

This means:

▪ Health plans will be changed as needed. For example, if there is new information or a change in someone’s situation.

▪ People will get as much chance as possible to have a say about decisions that will affect them.

▪ People who disagree with decisions about their healthcare can get a second opinion as soon as possible.

Making good decisions

This means:

▪ People who make healthcare plans think about new information. And how things are changing.
• Make sure people have a say about decisions that affect them. And give them time to have a say. This could mean making sure people can get an **advocate** if they need 1.

An **advocate** is a person who speaks up for someone.

• It is really important to make sure people are involved in making decisions about **end of life care**.

**End of life care** is the care people get when they are going to die.

• And people are involved with making decisions about **Cardio-Pulmonary Resuscitation**.

**Cardio-Pulmonary Resuscitation** is when someone presses on your chest to get your heart pumping again so you can breathe. It can help save your life if your breathing or heart stops. It is often called **CPR**.
Sometimes people decide they do not want to have CPR if they should need it. This is called ‘Do not attempt Cardio-Pulmonary Resuscitation (DNACPR)’.

- People are involved as much as possible in planning their care.

- People’s care and treatment is based on their needs.

- Listen to other people’s views.

- Be clear with people about decisions being made.
▪ Make sure everyone can be involved in decisions that affect them.

▪ Be ready to answer questions about decisions made.

▪ Try to make the best decisions possible.

▪ Record decisions made and why they were made.
Hard words

**Advocate**
This is a person who speaks up for someone.

**Cardio-Pulmonary Resuscitation**
Cardio-Pulmonary Resuscitation is when someone presses on your chest to get your heart pumping again so you can breathe. It can help save your life if your breathing or heart stops. It is often called CPR.

**End of life care**
This is the care people get when they are going to die.