



To staff working in health services:

NHS Wales Nursing Directors

NHS Wales Chief Executives

From:

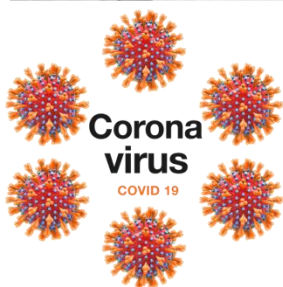
Professor Jean White CBE, **Chief Nursing Officer**

Date:

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On 25 March 2020 I wrote some rules for visiting people in hospital.



Because of Coronavirus it is not safe for lots of people to visit hospitals.



I am pleased that people are following the rules. I have now updated the rules.



You can only visit someone for special reasons.



You can visit a child in hospital.

- You must be the child's parent or the person who looks after the child.
- Only 1 person can visit.



You can visit someone who is dying in hospital.

- You must ask the ward sister or charge nurse to agree to this first.
- Only 1 person at a time can visit.



You can visit a woman who is having a baby in hospital.

- You must be the woman's **birthing partner**. And you must live together.



Birthing partner means someone who stays with a woman when her baby is being born.



You can visit someone who has learning disability or Autism in hospital.

- You are only allowed to visit if the person would be upset if you did not visit.



When you visit someone in hospital you will be told how to stay safe from Coronavirus:



- You must wash your hands
- You may have to wear a mask and gloves
- You might have to wear special clothes.



If you are over 70 years old, pregnant or have an illness it may not be safe for you to visit.



Talk to a nurse at the hospital before you visit. Tell them if you have an illness, if you are over 70 or are pregnant.



They will give you advice about if it is safe for you to visit.



All hospitals have to follow these rules straight away. All hospitals should tell people about these rules.

Jean White

From
Professor Jean White CBE,
Chief Nursing Officer.