



North Wales **Together**
Gogledd Cymru **Gyda'n Gilydd**

Seamless services for people with Learning Disabilities
Gwasanaethau ddi-dor i bobl ag Anableddau Dysgu



Paul Mazurek

Assistive Technology – 'Technology Enabled Care'

<https://northwalestogether.org/>



CYDWEITHREDFA GWELLA GWASANAETHAU
GOFAL A LLESIANT **GOGLEDD CYMRU**

NORTH WALES SOCIAL CARE AND WELL-BEING
SERVICES IMPROVEMENT COLLABORATIVE



CYNGOR SIR
YNYS MÔN
ISLE OF ANGLESEY
COUNTY COUNCIL



CYNGOR
Sir y Fflint
Flintshire
COUNTY COUNCIL



Cyngor
sir ddinbych
denbighshire
County Council



CONWY
CYNGOR BWRDEISTREF SIROL
COUNTY BOROUGH COUNCIL

North Wales Learning Disability Strategy 2018 to 2023



CYNGOR
GWYNEDD
COUNCIL



GIG
CYMRU
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WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



wrexham
COUNTY BOROUGH
BWRDEISTREF SIROL
wrecsam



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What people told us was important to them:

- In the strategy we focus on how health and social care services can work better together and look at the areas people have told us matters to them: Adults and Children.
- having a good place to live
- having something meaningful to do
- friends, family and relationships
- being safe
- being healthy
- having the right support

- **Assistive Technology: (TEC)** - Find ways to use technology in supporting people to be more independent.

AIMS

- Technology can be used in all areas of people's lives
 - Introduce people to technology.
 - Encourage the use of technology.
 - Technology is part of the conversation!
- Develop a strategy to help promote a consistent and forward thinking approach with regard to the use of technology.

Priorities around use of Technology

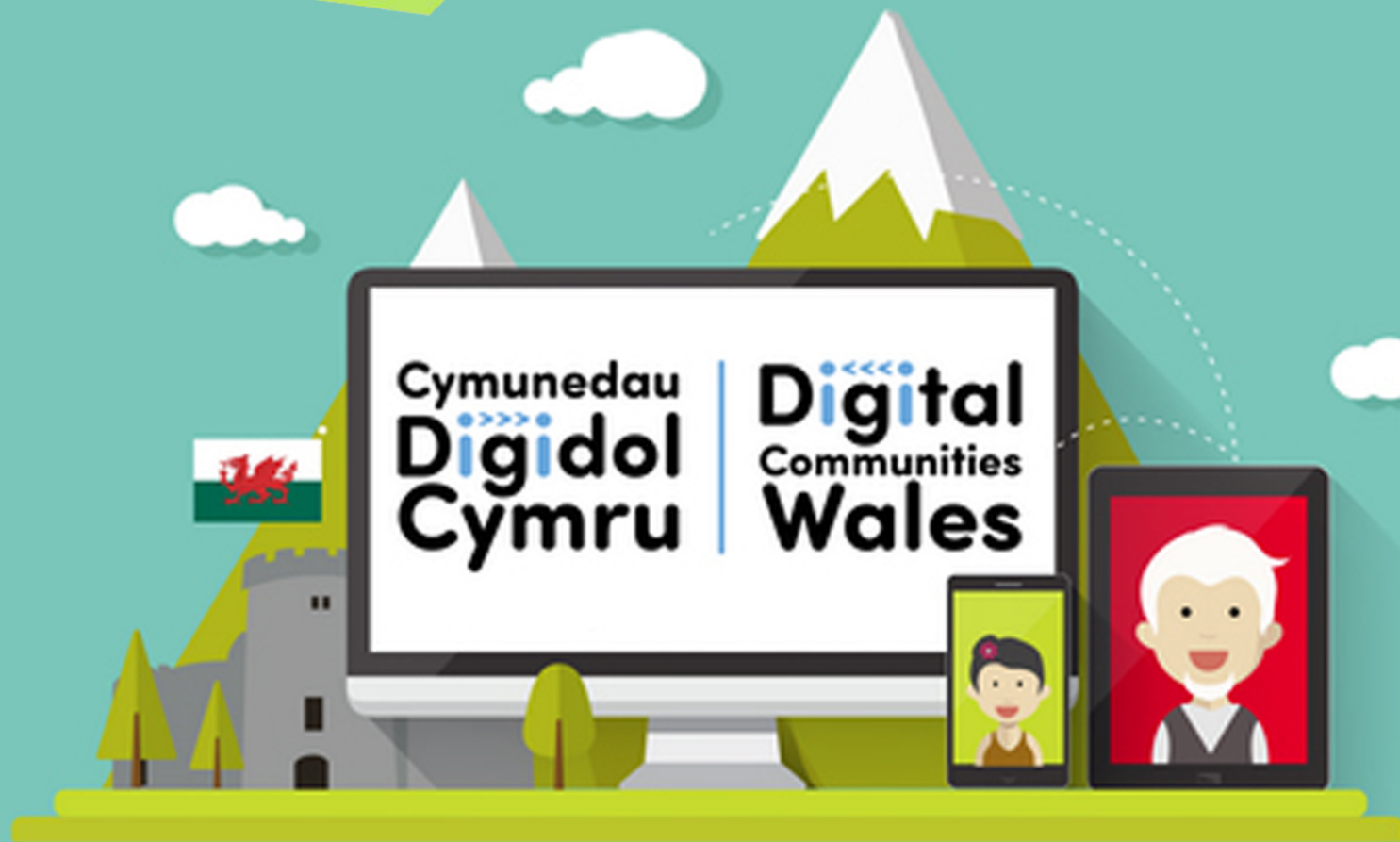
- People with a Learning Disability are using Technology.
- Promote and increase people's independence. Having **'Just Enough Support'**.
- To promote positive risk taking, *allowing* people, as they've told us many times, 'I should be allowed to take risks like everyone else'!
- Use of Technology to assist with Communication.
- Use technology to make the sharing of information easier for people.
- Overcoming the barriers to using Technology.

Barriers to using Technology.

- Accessibility
- Awareness
- Skills
- Training
- Support
- Motivation

Impact (Negative)

- Banking, Finances, access to..
- Bills – Cost more
- Jobs
- Shopping
- Health – appointments, prescriptions etc
- Bus Passes!
- **Remain Digitally Excluded.**



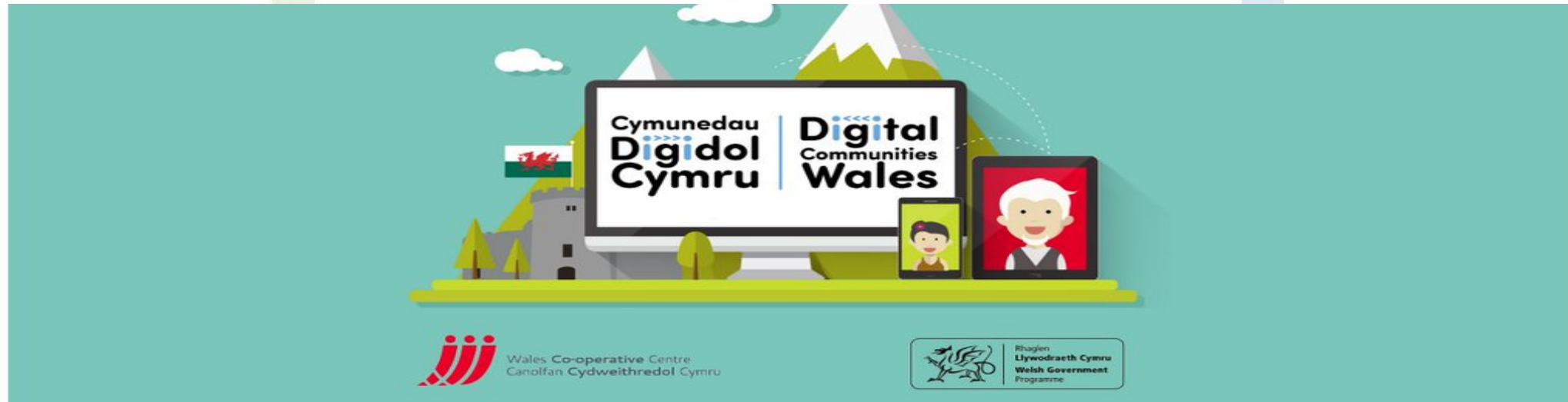
Wales Co-operative Centre
Canolfan Cydweithredol Cymru

Cymunedau
Digidol
Cymru | **Digital**
Communities
Wales



Rhaglen
Llywodraeth Cymru
Welsh Government
Programme

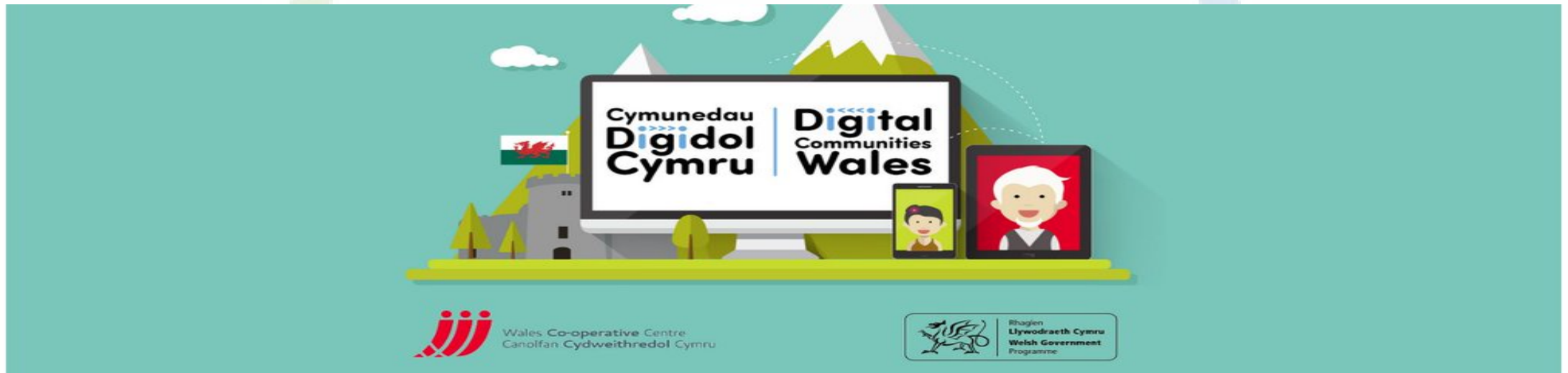
<https://northwalestogenera.org/>



- Assessment/Consultation
- Training
- Digital Equipment loan
- Digital Volunteer Development i.e Heroes, Champions, Companion.
- And More

Website - <https://www.digitalcommunities.gov.wales/>

Twitter - @DC_Wales



Wrexham/Flintshire – Linzi Jones

Linzi.jones@wales.coop

Denbighshire/Ynys Mon – Lon Moseley

Lon.moseley@wales.coop

Conwy/Gwynedd - Simon Jones

Simon.jones@wales.coop

Twitter - @DC_Wales

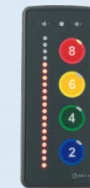
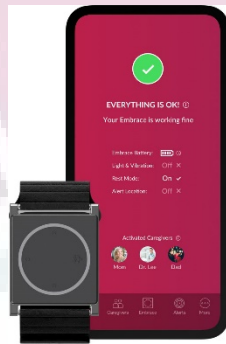
Equipment – Telecare/Telehealth



Assistive Technology -Equipment.



myhomehelper

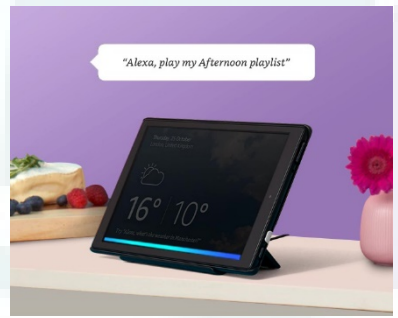


Smart Speakers – Alexa, Google

- Promote Independence
- Communication – connect with family, friends
- Reduce Isolation - (might also increase it?)
- Entertainment - music, games etc
- Get information – weather, time
- Routine management - reminders, shopping list, to-do lists
- Control devices - Lights, switches, TV, Blinds etc
- Security – view doorbell, cameras etc



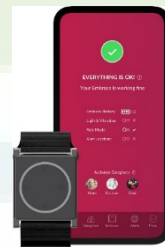
Alexa!! - Wrexham



<https://northwalestogether.org/>

Smart Watches

- Health and Fitness
- Trackers
- Epilepsy / Falls
- Route Planning

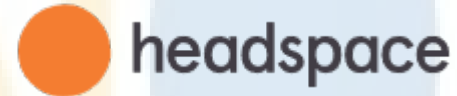


Technology – Way2Be (Flintshire)

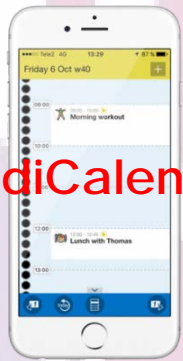
- <https://vimeo.com/241160325>



Assistive Technology – Apps and Systems



HandiCalender



My Health Guide

<https://www.myhealthguideapp.com/features/>

- An App based system for people to have control of their own information.
- What Matters and is Important.
- Manage and control own information, including health.
- Can share with people.
- Manage routines.
- Record activities.
- Text to Voice and Audio



Routines – Abilia

<https://www.abilia.com/en/our-products/cognition>

Equipment

- HandiCalender
- Memo Day Planner
- Memo Planner – Digital
- Timer



Outcomes

- Routines
- Planning Aid
- Structure
- Improved Time Management
- Support – everyday activities
- Anxiety management



<https://youtu.be/DW5Jtt7 V 8>

<https://northwalestogether.org/>

Ethel

<https://www.ethelcare.co.uk/>

Powerfully Simple

- Connect People – Voice, Video, Text
- Share Pictures and videos
- Reduce isolation
- Set reminders – Medication, To-Do etc
- Exercise routines



<https://northwalestogether.org/>

Virtual reality immersion




Virtual reality headsets are now being used for more than just entertainment, games etc. They can be used to support people in different areas of their lives.

<https://northwalestogether.org/>

Virtual Reality



- Skills development i.e. Travel Training, shopping
- Desensitisation Work.
- Reminiscence/Memories
- Anxiety Management
- Distraction Techniques

 headspace



- Safe/Secure 'Social' Platform
- Designed specifically for people with Learning Disabilities

I would like to Introduce:

Charlie Levinson from Multi ME

Next Steps -



- There have been a number of Pilots/Trials being set up.
- Opportunities to Demo equipment with people. Groups etc.
- These are due to commence soon and run for next 6 – 8 months
- We will then have a look at how these pilots/trials have gone, whether they have been good, or not?
- Updates on Website – <https://northwalestogether.org/>
- <https://www.northwalescollaborative.wales/learning-disabilities/learning-disability-transformation-programme/>

How to Get in Touch



CYDWEITHREDFA GWELLA GWASANAETHAU
GOFAL A LLESIANT **GOGLEDD CYMRU**
**NORTH WALES SOCIAL CARE AND WELL-BEING
SERVICES IMPROVEMENT COLLABORATIVE**

-  Email – paul.mazurek@Flintshire.gov.uk
-  Email – learning.disability.transformation@Flintshire.gov.uk
-  Twitter – @TogetherYnghyd
-  Facebook – LD Transformation Info