

# Coronavirus (COVID-19)

## New rules in Wales from 23 October until 9 November

### Stay at home

What everyone in Wales must do from 23 October to 9 November 2020 to slow the spread of coronavirus



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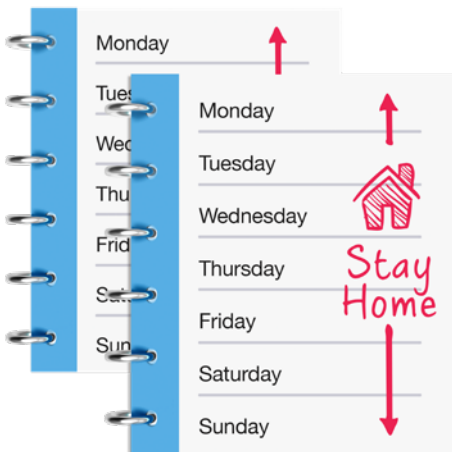


# Introduction

The Welsh Government has made new rules to slow the spread of coronavirus.

Everyone in Wales must **stay at home from 18:00 on Friday 23 October until Monday 9 November 2020.**

This is called a **firebreak.**



# Why are the rules changing?

There is now more coronavirus in Wales.

So there is a bigger chance that you will catch coronavirus if you go out.

The Government wants everyone to **stay home for 2 weeks** to help stop the virus spreading.



You can **only** go out for these reasons:

- To go shopping to get things you really need like food or medicine.
- To go to the doctor.
- To do exercise, like a walk or run. You can do this alone or with people you live with.
- If you need to help or care for someone else.
- To go to school.
- To go to work because you have a job that **cannot** be done from home, like working in a supermarket or in a hospital.

## Who you can meet?



- You **cannot** meet anyone who doesn't live with you, even if they are family or friends.
- But if you live on your own or are a single parent you can meet up with people from **one other house** inside or outside.

## What places are open?



- Some shops like supermarkets, food shops and chemists.
- Primary schools (after half term). Secondary schools **for years 7 and 8 only** (after half term.)



- Doctor and dentist surgeries.
- Parks and children's playgrounds.
- Child care.



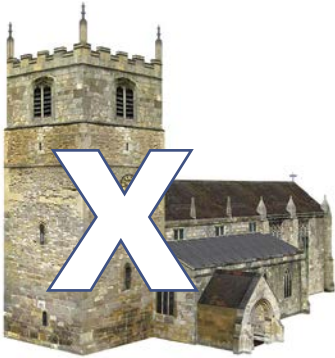
- Some restaurants and cafes **but only for take away.**



## What is being stopped?

The Government will stop social events like

- Halloween parties and fireworks.
- Church services.



## What you need to do to keep safe?

You should **wash your hands** lots of times during the day.



Stay at least **2 metres (3 steps)** away from people who do not live with you.



**Wear a face mask** in places such as shops, and if travelling on buses, trains or in taxis.

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## Get a test



If you have signs of coronavirus you should get a test.

You can book a test by:

- calling 119
- online at the NHS website.



The Government has said these rules are from **23 October to 9 November**.

**Everyone** has to follow these rules. The police will check if people are following the rules or not.

## What could happen if you break the rules?

- You could be told to go home or be taken home.
- You could have to pay a £60 fine.



For the latest advice, visit [gov.wales/coronavirus](https://www.gov.wales/coronavirus).