

Making Social Prescribing Easier to Understand

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What is Social Prescribing?

Sometimes people need support but don't know where to go to get it.

They can go to a 'social prescribing professional' who will chat with them and find out what they **like** and what they **need** support with.



What is Social Prescribing?

They might want support with things like gardening, sport, help with money or housing issues or they might be lonely.



Social Prescribing is Confusing

Barriers can make it hard for **all** people to access social prescribing.

These can include:

- Knowing about social prescribing.
- Knowing where to go.
- Knowing who to talk to.
- Understanding what they are talking about.



Social Prescribing is Confusing

The language used in social prescribing can be **REALLY** confusing!

Lots of the words used describe the same thing

Social prescribing is also called:

- **Community Connection.**
- **Community Navigation.**



What We've Done to Help

To help people understand social prescribing we have made a **dictionary** of social prescribing words. We call it a **Glossary of Terms**.

- Each word has a **description** explaining what it means
- It might also have a list of alternative terms that the word might be know by



We Need Your Help

In our 'dictionary' we have 36 terms.

BUT we have problem! The dictionary is aimed at professionals who work in social prescribing



Because even they find social prescribing confusing!!!

We Need Your Help

We need to make the dictionary accessible to **EVERYBODY**.

To do this we need to:

- Make the descriptions easier to understand.
- Have fewer terms in the dictionary.



We Need Your Help

That way **EVERYBODY** will be able to:

- Understand social prescribing
- Talk to each other
- Engage



Please help us to make our **BIG** list smaller

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