

North Wales Health Check Project

Conwy Connect for Learning Disabilities



Hello we are the Health Check Champions
We are here to speak to you about Health Checks
and the work we have been doing.



Fran



Richard

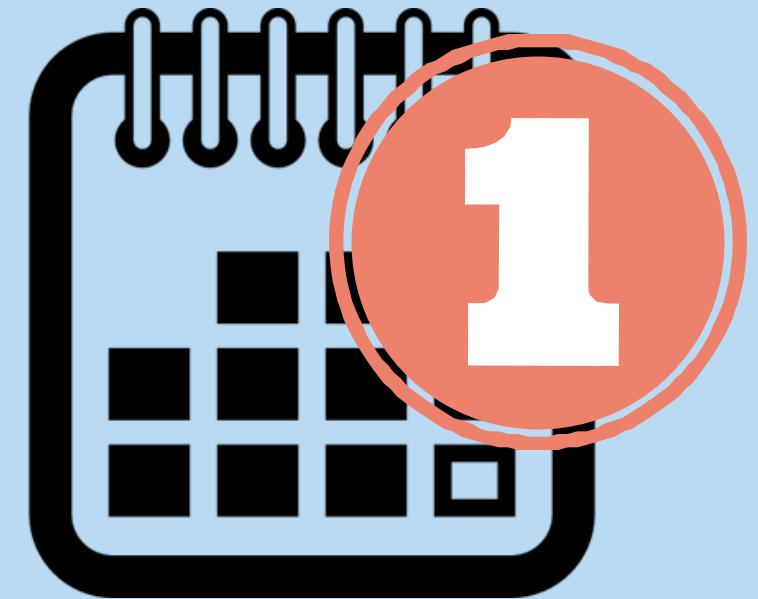
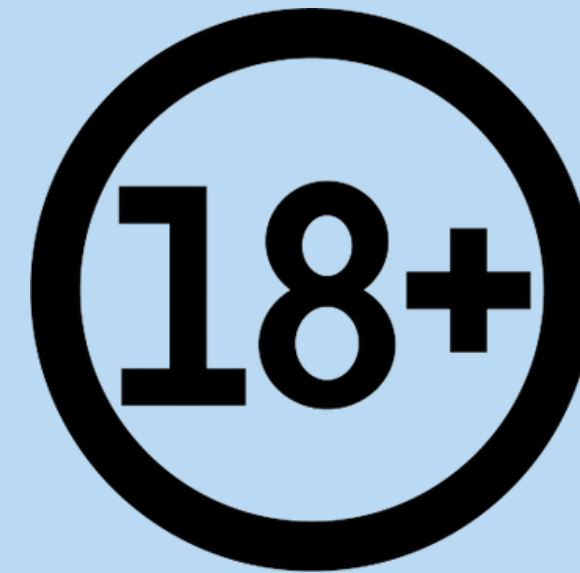
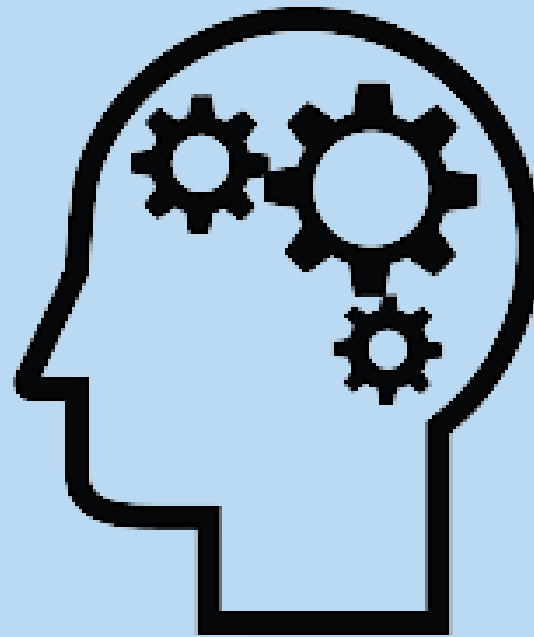
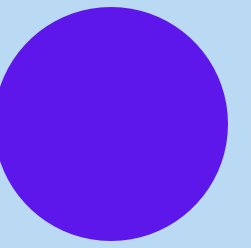


Shayna



James

What is a Health Check?



**A medical
check**

**For your
body**

**For your
mental
health**

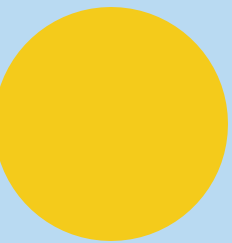
**If you are
18 or
over**

**Once a
year**

**Lets watch this film we
made about Health
Checks**



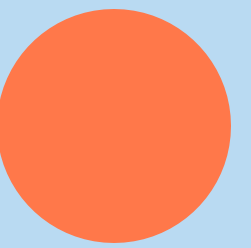




We have 8 Health Check Champions



**We have been
Conwy Connect
team members for
over a year. Our
project covers all
of North Wales**



We are funded by Betsi Cadwaldr Learning Disability Liaison Team





**Whats
our job?**



**We talk about what
happens in a health check**

**We talk about how important
health checks are.**

**We give advice and
support to people and
professionals**

How do we do it?

We do a fun workshop with people.

We have made great films and posters.

We attend professional meetings.

**We help people if they have any worries
or questions.**





In 2023 we want to help more people with a learning disability in North Wales go to their Health Check.

**Want to book a workshop?
More information?**

sophie@conwy-connect.org.uk



Thank you