



Coronavirus and People with Learning Disabilities Study

What we know about Carers in Wales

July 2021



This study is about coronavirus (also called COVID-19) and people with learning disabilities.



It is a study in England, Scotland, Northern Ireland and Wales. We talked to nearly 600 adults with learning disabilities. **We talked to 183 people living in Wales**

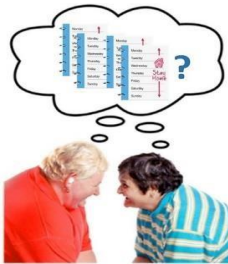


Nearly 300 family carers or paid supporters of people with severe or profound multiple learning disabilities also gave us information. **This includes 51 people in Wales.**



This paper is about the experiences of those 51 family carers and paid support staff

Health



We asked people what had happened in the last 4 weeks before their interview



Two out of three family carers and paid support staff said they had good health



6 out of 10 family carers and paid support staff said that they felt stressed



6 out of 10 family carers and paid support staff said that they had been feeling tired



4 out of 10 family carers and paid support staff said that they had been feeling cross

These are some of the things they told us might help them



“I’d be more relaxed if my son was given his second Covid vaccination and I got a speedier response from professionals when I have needed to contact them about issues that have arisen.”



“Clarity about how to stay safe as we move into a new stage. Many people are vaccinated but we still need to be careful.”



“Resume services so I can have a good night’s sleep and have some time to myself to go for a nice walk.”



If the care home was more flexible and did individual risk assessments- he might be able to have some contact with us.”

What happens next



We are still finding out more about people with learning disabilities and COVID-19

September 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

We will be able to update our findings in September



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