Improving vaccine information

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Vaccination Information Project

Welcome



Aims



Talk about vaccines and why they are important



Tell you about what we did and what we learned



Talk about reasonable adjustments and getting support for health appointments



Share our new accessible resources

Question

What do **you** think about when you hear the word vaccine?





A vaccine is a medicine that helps your body fight diseases.

It helps keep you safe from getting very ill.

Most vaccines are given by injection. Sometimes people call them **jabs**.

Vaccination is one of the best ways to protect against some diseases, like:

- COVID-19
- Measles
- and Flu.

Millions of lives are saved around the world every year by vaccines.





What vaccines you need to have and when:

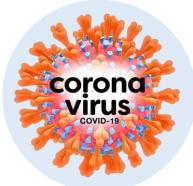
www.nhs.uk/conditions/vaccinations/

www.phw.nhs.wales/vaccines

Adults with a learning disability can get free vaccines to protect from:



• Flu



• COVID-19



Vaccination Information Project

Public Health Wales wanted to find out:

 What information people with a learning disability want about vaccines

• The best way to give people with a learning disability information.



What we did

We spoke to:

- People with a learning disability
- Parents and carers
- People who work with people with a learning disability

Through:

- Focus groups with People First groups
- An online easy read survey
- An online survey for professionals and carers
- Online focus groups





Do you feel worried, scared or anxious about getting vaccines?

We asked things like



Do you feel that your appointments with health professionals are accessible?



What way do you like to get information?



What would make it easier for you to go to a vaccine appointment?

What we learned Things that stop people getting vaccines

- Healthcare professionals not understanding individual needs
- Unclear information about appointments
- Lack of accessible information about vaccines, side effects and ingredients
- Bad experiences in the past
- Fear of needles
- Being worried about side effects getting ill after
- Long waiting times, busy reception areas
- Travel costs, and relying on others to get you to appointments



What we learned Things that help

- People want to protect themselves and others
- Health professionals that understand the needs of people with a learning disability
- Double appointments, extra time
- Free transport to appointments
- Invite letters that ask what reasonable adjustments you need
- Easy Read information from trusted places
- Reasonable adjustments

Reasonable adjustments

Reasonable adjustments are changes that services must make so everyone can use them.

For example, putting ramps in buildings for wheelchair users, or giving information in easy read.



Reasonable adjustments

Think about what would make it easier for **you** to get your vaccine.

Talk to your friends, family, carers or healthcare professionals.

Organise your reasonable adjustments before your appointment.



Health profile

You can also use a **Health Profile**.

A **Health Profile** gives people information about you. The information will help them to give you:

- the right care and support
- at the right time.

You can download a Health Profile from the Public Health Wales website.



Project outcome



- We listened to what people told us.
- We thought about the main things people worried about and what helped
- We created 2 accessible resources





Easy Read Guide

More information

About the project:

www.ldw.org.uk/vaccines

About vaccines:

www.phw.nhs.wales/vaccines

www.111.wales.nhs.uk/livewell/vaccinations

www.phw.nhs.wales/vaccines/accessible-information









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Learning Disability Wales Annual Conference 2023





